

## Event Risk Assessment & Recommendation

### UCI MTB WORLD CUP, Vallnord Pal Arinsal, Andorra

Form Completed by  
Date(s) of Information collected  
Assessment reviewed by:

Shanelle Barrett  
21/6/2022  
Monica Robbers - 24 June 2022

Event Details	
Event Name(s)	UCI MTB WORLD CUP, Vallnord Pal Arinsal, Andorra
Date of Event	15-17 July 2022
Location of Event including Country	Vallnord Pal Arinsal, Andorra
Event website	<a href="https://vallnordworldcup.com/en/">https://vallnordworldcup.com/en/</a>
Organiser	Maria Zorzano Oficina permanent UCI MTB World Cup Vallnord – Pal Arinsal email: <a href="mailto:paddockwc@vallnord.com">paddockwc@vallnord.com</a>
Sanctioning body	UCI
GENERAL TRAVEL INFORMATION	
Current NZ government travel recommendations	<p><a href="http://www.safetravel.govt.nz">www.safetravel.govt.nz</a></p> <p><b>9/3/2022</b> This COVID-19 travel advice applies to all international travel, in all destinations. If you are planning international travel at this time, please read this advice alongside our destination specific travel advisories.</p> <p>In line with step two of the Government's 5-step plan to re-open New Zealand's borders , at 11:59pm on Friday 4th of March 2022, we removed the SafeTravel global 'Do not travel' advisory and returned to issuing destination-specific travel advisories.</p> <p>While our borders have reopened for fully vaccinated New Zealand citizens, it is important to remember that international travel is different now. Travel has become more complicated and there are additional things you need to think about when planning your trip overseas.</p> <p>Although many countries now have increasingly high vaccination numbers, any country could continue to experience a sudden outbreak of COVID-19. This may include the emergence of new variants of concern, which may lead to the sudden imposition of strict travel restrictions or health measures that could impact upon your travel plans, and your travel insurance. If you're heading overseas, it's important you think about the risks of contracting COVID-19 in your destination. This may mean that you have to remain overseas for longer</p>

	<p>than you had planned, which may have financial implications for you. We recommend that all New Zealand travellers make contingency plans in case disruptions mean you need to support yourself overseas for longer than you planned.</p> <p>All travellers also need to be aware of the requirements for returning to New Zealand. You can read more about that on the Unite Against COVID-19 website <a href="#">here</a>.</p> <p>We advise that New Zealanders overseas follow local health advice and use basic hygiene measures to minimise the risk of exposure. The Ministry of Health provides useful information about protecting yourself and others from COVID-19</p>
<b>Current host country government travel recommendations</b>	<p><a href="https://www.safetravel.govt.nz/andorra">https://www.safetravel.govt.nz/andorra</a></p> <p>The Ministry of Foreign Affairs and Trade is not issuing a specific travel advisory for Andorra at this time.</p>
<b>Current requirements to enter country</b>	<p>There are no restrictions in Andorra – I am unsure if a direct flight will be possible so entry to other countries may be required &amp; will need to check their current requirements</p> <p><a href="https://visitandorra.com/en/covid-19-in-andorra/">https://visitandorra.com/en/covid-19-in-andorra/</a></p>
<b>Current requirements to return to NZ</b>	<p>The following people can enter New Zealand now from <b>anywhere in the world</b> and self-test on arrival with 2x RATS tests.</p> <ul style="list-style-type: none"> <li>• Vaccinated and unvaccinated New Zealand citizens</li> <li>• Vaccinated and unvaccinated New Zealand residents</li> <li>• Vaccinated Australian citizens and permanent residents</li> <li>• Unvaccinated Australian citizens who live in New Zealand</li> <li>• Current temporary work and student visa holders, with a valid visa who can still meet their visa requirements. This includes both visa holders currently offshore, and those in New Zealand who choose to travel overseas and wish to return</li> <li>• Up to 5,000 international students, for semester 2</li> <li>• Vaccinated travellers with a border exception</li> <li>• Vaccinated travellers on a working holiday scheme</li> <li>• Vaccinated travellers from countries who do not need a visa (visa waiver visitors)</li> <li>• Vaccinated travellers from other countries who already hold a valid visitor visa</li> <li>• Other vaccinated eligible travellers under current border settings</li> </ul> <p><a href="https://covid19.govt.nz/international-travel/travel-to-new-zealand/when-new-zealand-borders-open/#who-can-enter-new-zealand-now">https://covid19.govt.nz/international-travel/travel-to-new-zealand/when-new-zealand-borders-open/#who-can-enter-new-zealand-now</a></p>
<b>Does travelling to the event include any likely stop overs that present any risk?</b>	<p>Depending on airline, but there are restricted airlines available at this point in time. This would need to be checked when booking flights as it depends on which country you are entering and there may be a requirement for testing.</p>
<b>Travel and health insurance requirements</b>	<p>Take out comprehensive medical insurance, including cover for hospitalisation and medical evacuation. Make sure it covers your personal circumstances, both for pre-existing conditions and the activities you plan to undertake.</p>

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<b>Any Terrorism, Social and Political Situation that present any risk at the location of the event</b>	No specific terrorism concerns noted on the safe travel website <a href="https://www.safetravel.govt.nz/andorra">https://www.safetravel.govt.nz/andorra</a>
<b>COVID-19 Information at Event and Destination</b>	
<b>A summary of the current Covid-19 environment and government response strategy.</b>	<a href="https://www.worldometers.info/coronavirus/country/andorra/">https://www.worldometers.info/coronavirus/country/andorra/</a>  Current Daily Cases = 225 – 15 <sup>th</sup> June 2022 Peak January 20 <sup>th</sup> 2022 - 2,313 daily cases
<b>MIQ requirements at destination</b>	There are no MIQ requirements in Andorra, however please check on other regions you may have to pass through to reach Andorra
<b>Contract Tracing requirements</b>	There are no Covid 19 contact tracing requirements in Andorra
<b>Public gathering/Event restrictions and stay-at-home requirements at the destination</b>	<a href="https://visitandorra.com/en/covid-19-in-andorra/faq-if-you-become-ill-while-visiting-andorra/">https://visitandorra.com/en/covid-19-in-andorra/faq-if-you-become-ill-while-visiting-andorra/</a>  <b>You have a positive covid-19 diagnostic test result</b> 1. You have to self-isolate for seven days, regardless of your vaccination status, starting from the date of onset of symptoms (if you have any) or the date of the test (if you don't have any symptoms).  2. You can self-isolate in the room of the tourist accommodation where you're staying. Observe the following measures:  Do not leave the room. You are not allowed to receive any visitors. Everyone who has been in close contact with you must take precautions. They must limit contacts, air the room and always wear an FFP2 face mask and practise good hand hygiene. Air the room for at least ten minutes, three times a day.  3. Alternatively, you can self-isolate in your place of origin. During the trip, you should avoid any contact with other people (i.e. do not dine in restaurants) and observe all protective measures (FFP2 face masks, hand hygiene, etc.). The Principality's health authority will notify the health authorities of your destination.  4. After seven days of self-isolation, you'll spend three days in passive follow-up:  Monitor your body temperature and the appearance of symptoms. Limit social interactions and avoid any contact with vulnerable people. Maintain social distancing and strictly observe the appropriate protective measures: hand hygiene and wearing a face mask. Avoid crowded places, small and poorly ventilated spaces, etc. Take precautions when using public transport by wearing an FFP2 face mask and paying particular attention to all other protective measures: social distancing, ventilation, hand hygiene, etc.  5. If you have no symptoms or they're mild, there's no need to contact your doctor. The following are considered mild symptoms: fever, headache, sore throat, dry cough, general aching of the joints and muscles, vomiting or

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	<p>diarrhoea, cold, fatigue, loss of appetite, loss of smell or taste. It is advisable to get lots of rest, drink plenty of fluids, and treat symptoms, if necessary, with paracetamol or ibuprofen. It is not advisable to take antibiotics.</p> <p>6. However, in case of severe symptoms, you must contact a doctor or call 116:</p> <p>Fever or persistent coughing for more than three days or worsening of the cough or fever.          Trouble breathing, back pain or pressure in your chest.          Significant change in your general health condition, such as lethargy or extreme weakness, persistent dizziness or confusion.          When mild symptoms persist for more than six days.</p> <p>7. Notify your close contacts immediately so they can get tested for COVID-19 and they can take protective measures. Close contacts are considered to be everyone you've spent time with in an enclosed space without wearing a face mask for more than 15 minutes in the last 48 hours before the onset of symptoms or taking the test with a positive result.</p>
<b>Internal movement restrictions at destination and transit locations.</b> <b>Public transport etc</b>	<p><b>Do I have to wear a face mask?</b></p> <p>The use of a mask is not mandatory in enclosed spaces for public use (restaurants, bars, tourist accommodation, spas, cultural and sports facilities, etc.), nor in public and open spaces.</p> <p><a href="https://visitandorra.com/en/covid-19-in-andorra/faq-what-safety-measures-are-being-applied-in-andorra/">https://visitandorra.com/en/covid-19-in-andorra/faq-what-safety-measures-are-being-applied-in-andorra/</a></p>
<b>Event Plans</b>	
<p><b>What standard protocols does the event have in place to address Covid-19:</b></p> <ul style="list-style-type: none"> <li>• Social distancing</li> <li>• Gathering numbers</li> <li>• PPE</li> <li>• Vaccination requirements</li> <li>• Pre and during event testing</li> </ul>	<p>From the event organiser - Regarding COVID protocols, no restrictions in Andorra, I invite you to visit this link for more information:  <a href="https://visitandorra.com/en/covid-19-in-andorra/">https://visitandorra.com/en/covid-19-in-andorra/</a></p>
<p><b>What standard protocols does the event have in place to address your safety:</b></p> <p>Eg:</p> <ul style="list-style-type: none"> <li>• Medical coverage</li> <li>• Security</li> <li>• Emergency response</li> </ul>	<p>From the organiser - <a href="mailto:paddockwc@vallnord.com">paddockwc@vallnord.com</a></p> <p>In our case, the medical service is available during training and during races. Outside the scheduled times, riders know they shouldn't go on the course, and if they do, it's their responsibility. We have two types of medical services: first aid and medically assisted points, there are also ambulances and the red cross that will be on site.</p> <p>The hospital is 14.5 km away, or 25 minutes by car. In the event of serious cases, we have agreements with France and Spain to divert patients.</p>

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<ul style="list-style-type: none"> <li>Official practice or training times.</li> </ul>	
Any other residue concerns that the event has not addressed in regards to event management and/or COVID management?	<p><i>If your pre-departure test is positive, but you believe this is because of a historical COVID-19 infection, you need to see a medical practitioner who will examine you for current symptoms of COVID-19.</i></p> <p><i>If they are confident you do not currently have a COVID-19 infection, you will need them to provide:</i></p> <p><i>a medical certificate with the date of your previous positive test, within 48 hours of your first international flight and documentation stating that they consider you as no longer being infectious with COVID-19.</i></p> <p><i>If you have tested positive for COVID-19 in the last 3 months, book your medical examination in advance of receiving your test results.</i></p> <p><i>You should also check with your airlines about any regulations they may have in place regarding past COVID-19 infections.</i></p> <p><i>You are still required to provide a current valid pre-departure test if you have recovered from COVID-19.</i></p> <p><a href="https://covid19.govt.nz/international-travel/travel-to-new-zealand/pre-departure-tests-to-enter-new-zealand/">https://covid19.govt.nz/international-travel/travel-to-new-zealand/pre-departure-tests-to-enter-new-zealand/</a></p>
<b>Medical</b>	
Current pressure on local health system that may impact your ability to receive medical support in the event of an injury.	It is assumed given there are no current measures in place there is any pressure on the local health system in Andorra.
Athlete health check prior to travel	<i>The UCI do not have any requirements for pre-health checks prior to competing in an international event, aside from the COVID requirements as stipulated by the event. It is however recommended by Cycling NZ that all riders have a medical check from either a HPSNZ doctor or their local GP to identify any underlying medical conditions that could be additional risk if they were to contract COVID19 prior to leaving NZ.</i>
Recommendation for self-health checks while at event	Self-manage for any COVID19 symptoms
<b>Assessment Summary and Recommendations</b>	

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The key points:

- COVID19 is currently relatively low in Andorra. The government has reduced all measures/restrictions as well, however there is still a requirement to self isolate for 7 days if you contract COVID.
- Andorra appears to have experienced relatively low case numbers throughout the pandemic and currently only have around 200 cases per day
- It would be advised to ensure all transiting destinations to reach Andorra will allow access to & from the destination.
- The NZ Government is easing COVID restrictions on travel, however this can change at short notice as we have seen in the past.

It is important to note:

- COVID19 is still an unknown virus and can escalate extremely quickly, this could result in difficulty in getting back home to NZ should there be an outbreak and also treatment at a hospital could be impacted for not only COVID19 related symptoms but other injuries.
- If an athlete contracts COVID19 they will be required to isolate for 10 days, which is a financial risk as well as impacting training significantly for future events

Given the above it is recommended that this event is deemed:

**ORANGE – Based on the information available, there are some moderate to high risks of attending this event outside of what should be reasonable accepted for international travel. All those wishing to receive an entry/accreditation or selection should complete an informed consent form and will be required to adequately and appropriately be able to demonstrate their understanding of this additional risk and their plans in place to mitigate the. These risks are as follows:**

1. Ensure that you have checked all transiting countries when booking travel for their requirements, as there will likely be stop overs to get to Andorra
2. Ability to stay in Andorra if you contract COVID (7 day isolation period) or in another country for an extended period of time if the NZ government decides to change the border status
3. If you contract COVID-19 and want to return to NZ you may still return a positive pre-departure PCR test so a medical certificate will be required within 48 hours prior to travel

Recommendation approved by Independent Risk Assessor: Shanelle Barrett

Signed: 

Date: 23 June 2022

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