

Version 2 - 13/09/21

## BMX NEW ZEALAND CONCUSSION POLICY STATEMENT

BMXNZ is strongly committed to the Identification, Treatment and Rehabilitation of our members affected by concussion. Their health and safety is always our paramount concern and so we inform members of the safety gear requirements to minimise the impact of head injuries on themselves and all who partake in the sport of BMX.

## **CONCUSSION POLICY**

To support our Concussion Policy Statement we are committed to the following duties:

- Make our members aware of concussion effects (Concussion Procedures)
- Minimise the impact of concussion on our members (Helmet requirements)
- Provide a pathway for concussion rehabilitation for our members (Concussion Procedures)
- Work with the medical profession to guide the rehabilitation process (Concussion Procedures)
- Ensure riders are safe to return to our sport (Stand Down requirement)

As the sport's governing body, BMX New Zealand has a duty to;

- Provide our members with the knowledge to identify concussion injuries. (Concussion Guidelines)
- Make our members aware of what is required for concussion recovery. (Concussion Procedures)
- Protect our members from further harm following a concussion injury (Stand Down requirements)