



# HEALTH & SAFETY BASICS

## CONCUSSION POLICY

### BMX NEW ZEALAND

### CONCUSSION POLICY STATEMENT

BMXNZ is strongly committed to the Identification, Treatment and Rehabilitation of our members affected by concussion. Their health and safety is always our paramount concern. We inform members of the requirements to minimise the impact of head injuries on themselves and all who partake in the sport of BMX.

### CONCUSSION POLICY

To support our Concussion Policy Statement we are committed to the following duties:

- Make our members aware of concussion effects
- Minimise the impact of concussion on our members
- Provide a pathway for concussion rehabilitation for our members
- Work with the medical profession to guide the rehabilitation process
- Ensure riders are safe to return to our sport

As the sport's governing body, BMX New Zealand has a duty to ;

- Provide our members with the knowledge to identify concussion injuries.
- Make our members aware of what is required for concussion recovery.
- Protect our members from further harm following a concussion injury.