

## PART XIII – MEDICAL RULES

Rules amendments applying on **23.10.2019**

### Chapter III PROTECTION AND PROMOTION OF THE RIDER'S HEALTH

#### § 4 Ban on injections

**13.3.055** In case of a local injection of glucocorticosteroids, which is subject to the UCI Anti-Doping Rules and the Prohibited List, the rider must rest. **He is declared as medically unfit to compete for at least 8 days.**

The medical doctor having prescribed the injection shall prescribe this rest in writing to the rider and add to the documentation referred to in article 13.3.052.1 a copy of such prescription signed by him/herself and the rider.

**The medical doctor having prescribed the injection or the Team doctor will control the blood cortisol just before the potential return to competition. The cortisol assay will be performed at the best by a mass spectrometry method.**

**The results of this assay as well as the decision of medical fitness to return to competition will be sent by the Team doctor to the UCI medical director under the same conditions as those specified in Article 13.3.052.5.**

*(text modified on 23.10.19)*