



AGE GROUP TRACK NATIONAL CHAMPIONSHIPS





1. WELCOME

On behalf of Cycling New Zealand, Cycling New Zealand Road and Track and our event hosts Cycling Southland, it's our pleasure to welcome riders, team managers, coaches, officials and supporters to the 2020 VANTAGE Windows and Doors Age Group National Championships at the SIT Zero Fees Velodrome in Invercargill.

We look forward to a great event and hope you have an enjoyable time during the Championships.

This technical guide provides useful information for all riders, team members and officials.

2. KEY CONTACTS

Cycling Southland Event Manager	Nicola Wills	021 064 5467
Cycling New Zealand Event Manager	Janette Douglas	027 644 8921
Chief Commissaire	Ian Densie	021 137 3454
Commissaires Secretary	Olivia Spaans	
Technical Delegate	Graeme Bell	
Judge Referee	Steve Hurring	
Starter	Brian Harford	
Chief Judge / Timekeeper	Ken Manson	
Assistant Commissaires	Tony Corkill	
	David Lipp	
	Ken Lasenby	
	Natalie Williams	
	Neil Jamieson	



3. VENUE ACCESS/ACCREDITATION

The Velodrome will be open for competition access from 7.30 am each morning. The venue will close 30 minutes after the end of the night session. In between sessions you are welcome to remain in the infield however the use of the track is prohibited until the official warm up period begins.

Date	Morning Session Start	Evening Session Start
Thursday 5 March	9.00am (track opens at 8.00am)	5.00pm (track opens at 4.00pm)
Friday 6 March	9.00am (track opens at 8.00am)	5.00pm (track opens at 4.00pm)
Saturday 7 March	9.00am (track opens at 8.00am)	5.00pm (track opens at 4.00pm)
Sunday 8 March	9.00am (track opens at 8.00am)	2.00pm (track opens at 1.00pm)

Accreditation Passes are for riders and team officials only – as per named persons on the entry form. It is forbidden for Accreditation to be passed onto unnamed persons. Additional supporters, family and friends are required to purchase event tickets and view the event from the public areas. Entry and exit for accredited riders and officials is through the tunnel entrance of the building or via the front entrance. Access to the infield will be controlled and access will only be permitted for accredited persons only. Please ensure your accreditation is clearly visible when you are entering the venue. All team accreditation passes will be issued at the Managers meeting. Please do not put our volunteer staff in the position of refusing entry to guests who do not have accreditation, invalid accreditation or event tickets.

4. WARM UP SESSION TIMES

The track will be open for warmup one hour prior to the event programme commencing each session. The warm up session will be approximately 50mins prior to the beginning of each session. Approximately 10mins prior to the scheduled session start time, a Commissaire will blow a whistle for the riders to exit the track. Please adhere to the instructions of the Commissaires at all time.

5. TEAM TRAINING

Training time is allocated to each centre for Wednesday 4 March 2020 (see below for schedule). The use of the starting gates are available during these times.

If you require use of the Cycling Southland motorbike during your training session, please **contact Cycling Southland** prior to your training session.

Contact Cycling New Zealand Events Team to book track time for Wednesday 4th March 2020. Charges apply (\$100 per hour + GST)

Contact Cycling Southland to book training time prior to Wednesday 4th March 2020.

Time	Centre
8.00am – 10.00am	
10.00am – 12.00pm	Canterbury
12.00pm – 14.00pm	Auckland
14.00pm – 16.00pm	Waikato / BOP
16.00pm - 18.00pm	MSCC / Wellington / ECNI
18.00pm – 20.00pm	Southland/*Auckland



6. EVENT PROGRAMME

The event programme is available [here](#). Note that the programme is provisional and is subject to change after confirmation of starters.

7. INFIELD GYM

The infield gym is closed to all event riders and officials during all event times. No access will be granted at any time.

8. PARKING

Free parking is available in the venue car parks. The venue accepts no liability for any damage to any vehicles parked in or otherwise using the car parking area.

9. TEAM MANAGERS MEETING & CONFIRMATION OF STARTERS

Confirmation of starters will be held prior to the Managers Meeting at **5.30pm – 6.15pm on Wednesday 4 March 2020** upstairs at the velodrome. Please note that it will not be possible to add riders to events. Managers must confirm their starters at this point.

The Team Managers meeting will take place following at **6.30pm**. Attendance by each centre is compulsory and representatives will be required to sign in.

Important information such as distribution of accreditation and race numbers and any updated programme information will be provided at this meeting.

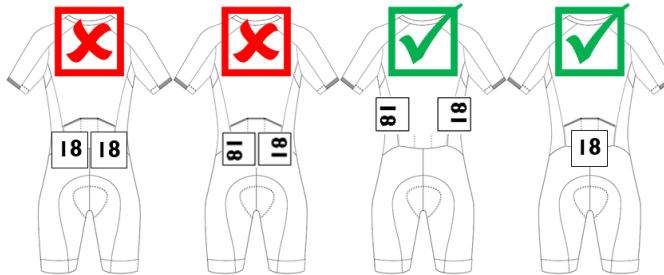
Accreditation is compulsory for access to the infield and will also allow you access to the public spectating areas. Accreditation does not automatically entitle you to a seat, however, if there are available seats, you are permitted to use these.

10. RACE NUMBERS

Riders shall wear two body numbers except for the 500m & kilometre time trial, Individual and Team Pursuit and Team Sprint where one number shall be worn.

Numbers must be placed on either side of the lower back of the top on a 90 degree angle as shown below.

Correct Number Placement



11. RIDERS LOUNGE

There is no dedicated Riders Lounge.

12. TEAM PIT AREAS

Designated pit areas have been allocated in the infield for each centre. The pit includes chairs and tables. Please do not uplift furniture or equipment from other team pits.

Bike Racks are available to be shared by all teams.

Please ensure the walkways are kept free of equipment to allow un-impeded access at all times.

There is to be no riding of bikes in the team pit areas.

13. MEDICAL

Medical staff on are on duty during each session. They are located at the end of the Velodrome (close to the tunnel).

The following Medical Centres are on duty over the event period if medical assistance is required while not at the event

Invercargill After Hours Doctors

105 Don Street, Invercargill (*by appointment only*)

(03) 218 8821

Southland Hospital

Kew Road, Invercargill

(03) 218 1949

In an Emergency call 111

14. FOOD AND BEVERAGE

Food and beverages will be available for purchase from the Stadium café during the competition. You are permitted to bring in your own food and beverage to the infield.

15. TICKET SALES

Tickets for additional supporters, friends and family can be purchased at the venue, with a weekly pass option available for all sessions. Seating is General Admission with no reserved seating.

See www.tracknationals.nz for ticketing information

16. SOCIAL MEDIA

We encourage you to get involved in the event through social media. The key links are provided below:

Event Facebook	https://www.facebook.com/CyclingNZL
Instagram	https://www.instagram.com/cyclingnewzealand/
Twitter	https://twitter.com/CyclingNZL
Website	www.tracknationals.nz
Key Partners	@VantageWindowsNZ
Event Hashtag	#TrackNationals

17. MEDAL CEREMONY PROTOCOL

Medal Ceremonies will take place during sessions as stated in the event programme.

Team Managers are responsible for ensuring their riders are at the presentation area at least 10mins prior to the presentation taking place. Medals winners must make themselves known to medal ceremony officials upon arrival. Due to the tight scheduling of the event programme a medal ceremony protocol has been established to keep these presentations streamlined.

1. Riders will be lead to the podium by officials and the riders will stand in front of the podium (*not on podium*).
2. Each rider will be acknowledged by name and representing centre.
3. Riders receive their medal (and Trophy if applicable)
4. Rider step onto podium.
5. Once the 1st place has been presented a photo will be taken.
6. Riders leave the podium and return to the waiting area lead by officials.
7. Riders are required to leave their medal on until they return to the waiting area.
8. **All trophies presented are to be returned to Event Organisers before the end of the session.**



18. MEETINGS/PRESENTATIONS

Confirmation of Starters

Date: Wednesday 4 March 2020
Time: 17.30pm – 18.15pm
Venue: SIT Zero Fees Velodrome, upstairs
Required: Yes – All Team Managers are required to confirm their starters during this time.

Team Managers Meeting

Date: Wednesday 4 March 2020
Time: 18.30pm
Venue: SIT Zero Fees Velodrome, upstairs
Required: Yes – All Team Managers are required to attend.

19. HEALTH AND SAFETY

The event has a Health and Safety plan which has taken into consideration the health and safety of the riders, team officials, volunteers, spectators and staff. Health and Safety is the responsibility of all those attending. If you have any concerns or identify any hazards please contact the Cycling Southland Event Manager.

20. RULES AND REGULATIONS

Racing will be conducted under [UCI regulations](#) and [Cycling New Zealand Road & Track racing rules](#). The UCI scale of penalties will apply. Any fines issued are on the Team and are payable by the Team Manager to the Commissaires Secretary at the event or Centres will be invoiced post event.

Riders must only wear their approved Centre jerseys and shorts. Shorts may only display sponsors that are detailed on the rider's membership profile.

21. CHANGE FORMS

All Changes must be completed on the Change Request Form, as detailed below, and submitted to the Commissaires Secretary. Additional change forms will be available at the Team Manager's meeting. Where applicable, a medical certificate should accompany the form.



Change Request Form

Centre	Rider No.	Rider Name	Event Name & No.	Change: Eg. Scratching, addition, reserve, team confirmation, entry fee etc

Centre	Rider No.	Rider Name	Event Name & No.	Change: Eg. Scratching, addition, reserve, team confirmation etc

Centre	Rider No.	Rider Name	Event Name & No.	Change: Eg. Scratching, addition, reserve, team confirmation etc

Managers Name: _____

Managers Signature: _____

Date submitted: _____

Time submitted: _____

Change Accepted by: _____ (Chief Comm/Secretary)