



CRITERIUM NATIONAL CHAMPIONSHIPS



TECHNICAL GUIDE

14 NOVEMBER 2021 | CHRISTCHURCH CBD



1. WELCOME

Welcome to the 2022 Vantage New Zealand Criterium National Championships.

On behalf of the Cycling New Zealand RTX Council, I would like to thank all the riders and their supporters for their continued support of the event. A big thank you as well as to the event team, volunteers and officials for the hard work they have put in to enable this event to happen.

We would also like to recognize the continued support of Christchurch City Council, along with the local businesses and residents who have enable this event is able to be held in this amazing inner city environment. We ask that you and your supporters recognise this and conduct yourselves in a professional and respectful manner at all times.

We wish all the riders the best of luck and a safe and successful event and to the spectators we hope you enjoy the exciting racing.

This manual provides useful information and general rules and procedures for all riders, team members and officials to ensure you have an enjoyable time at this event.

Erin Criglington
President of Cycling New Zealand Road and Track

2. KEY CONTACTS

Event Director	Janette Douglas	027 644 8921
Event Manager	Charlotte Pearson	021 292 0563
Race Manager	Shanelle Barrett	027 457 6736
Chief Commissaire	Mark Reynolds	
Technical Delegate	Olivia Spaans	
Chief Judge	Erin Criglington	
Assistant Commissaires	Brian Roulston	
	Ken Lasenby	
	Kenneth Manson	
	Mark Donald	
	Shannon Rafferty	
	Steve Hurring	

3. VENUE/EVENT HQ

The event is held in the Christchurch CBD, with the start/finish area on Cambridge Terrace.

Event HQ will be at the Cycling New Zealand tent on the corner of Cambridge Terrace and Hereford Street (within Remembrance Park), Christchurch.



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4. ENTRIES

Entries will close on the 7th of November. No late entries will be accepted for NZ Championship events. Entries will be accepted on the day for the Koha Fitness Street Race events only between 12.30pm – 1.00pm from Event HQ – cash only.

5. REGISTRATION/PACK PICK UP

Registration and Sign on (race number pick up) will open at 12.30pm and will close 20 minutes before your race start. Race Registration will be located under the Cycling New Zealand tent on the corner of Cambridge Terrace and Hereford St (within Remembrance Park), Christchurch.

Riders will be allocated two Race Numbers to wear - one on the centre of the lower back, one on the right hand flank. A timing transponder will also be issued. This is to be attached to your front fork (instructions provided) and is required to be returned at the conclusion of your race (a \$150 fee is payable for all non-returned transponders)

6. PARKING

No parking on the event course. Click [here](#) for more information on where to park.

7. EVENT SCHEDULE

Race	Time	Duration
Race Number collection	From 12.30pm	Until 20 minutes prior to each race start
Street Race (Non Championship)	2.00pm	20 minutes
Street Race Presentations	2.30pm	
U17 Girls (NZ Championship)	2.45pm	20 minutes
U17 Boys (NZ Championship)	3.15pm	20 minutes
U19 Women (NZ Championship)	3.45pm	30 minutes
U19 Men (NZ Championship)	4.25pm	30 minutes
A Grade Women (NZ Championship)	5.05pm	35 minutes
A Grade Men (NZ Championship)	5.50pm	45 minutes
NZ Championship Presentations	6.45pm	

Racing duration is scheduled 'total time'. Laps to go countdown will be within the total scheduled race time.

Please note that race duration may be amended if circumstances require it – where possible notice will be given prior to the event, however, any changes will be communicated at the race briefing prior to your event.



8. EVENT CATEGORIES/LICENSING

Ages are calculated as at 31 December 2022.

U17 Boys and Girls are New Zealand Championship events. Open to all U17 grade riders, with a 2021 or 2022 Cycling New Zealand Youth licence with a NZL country UCI code or an international federation licence plus the written permission of their National Federation to compete. Minimum age is 15 and maximum age is 16 as at 31 December 2022.

U19 Men and Women are New Zealand Championship events. Open to all U19 grade riders, with a 2021 or 2022 Cycling New Zealand Youth licence with a NZL country UCI code or an international federation licence plus the written permission of their National Federation to compete. Minimum age is 17 and maximum age is 18 as at 31 December 2022.

A Grade Men and Women are New Zealand Championship events. Open to all U23, Senior and Masters Riders of Elite/A Grade ability, with a 2021 or 2022 Cycling New Zealand licence with a NZL country UCI code or an international federation licence plus the written permission of their National Federation to compete.

Street Race Men and Women are open non-championship events. Open to all riders with a 2021 or 2022 Cycling New Zealand licence and/or an International Federation licence OR a 'one day license' purchased through the online event entry form. Minimum age is 15 as at 31 December 2022.

9. COURSE ACCESS/WARM UP

Only entered and registered riders are permitted on the course. These riders are only permitted on the course during their specific allocated race time under the control of the Commissaires. Do not attempt to enter the course at any other time during the event unless directed so by a Commissaire.

A short course familiarisation may be permitted on the course prior to race start, subject to road closures, no earlier than 1.45pm. Please wait for instructions from Commissaires before entering the course. No warm up/cool down on the circuit will be allowed after racing has started.

10. RACE ASSEMBLY

Race Assembly for all races will be on Hereford St Bridge between Cambridge Tce and Oxford Tce. All riders are required to be at the Race Assembly Point 15 minutes before their scheduled starting time for race briefing.

11. RULES

Racing will be conducted under [UCI regulations](#) and [Cycling New Zealand Road & Track racing rules](#). The Cycling New Zealand Road & Track scale of penalties will apply. Riders will be invoiced post event for any fines issued.



12. GEARING AND ROLL OUT – U17 & U19 ONLY

All U17 and U19 riders will have their gears checked prior to the start at the Race Assembly Point. In addition, the first five riders must report for second gear check immediately after the finish. It is the rider's responsibility to present themselves for gear checking at both times if required.

- U17 Grades will be subject to the appropriate gear restrictions, defined by maximum rollout distance of 7.00m
- U19 Grades will be subject to the appropriate gear restrictions, defined by maximum rollout distance of 7.93m
- U17 Grades only - Wheels must have a minimum of 16 spokes per wheel and a maximum rim depth of 45mm. Disc wheels are not permitted.

13. EQUIPMENT RESTRICTIONS

- In all races other than the Street Races, bicycles must comply with the CNZ/UCI rules.
- In the Street races only, the following will apply:
 - All bicycles must be "road bike style" fitted with 2 brakes (one for each wheel), freewheel and drop handlebars (no MTB style handlebars permitted).
 - Aero bars are permitted if fitted, but must not be used during the racing. They should be removed if possible.
 - No Camelbak or similar drink systems carried on the body
 - No glass bottles
 - No disc wheels or bladed wheels
 - All handlebars must be plugged at the end
- Disc brakes are permitted in all races.
- The Commissaire's decision on equipment is final
- Helmets must be compliant with appropriate NZ Standards for use on open roads and must be worn at all times when riding. Time-trial style aero helmets are strongly discouraged.

14. WITHDRAWING FROM THE EVENT

Pre event

There are no refunds for any riders that withdraw after entries close on the 8th of November.

At event

Any rider withdrawing from a race after registering or during a race, must immediately advise a Commissaire at the finish line. They must also remove their race numbers (and transponder) and hand them to Race Registration as soon as possible.

15. MECHANICALS/CRASHES

In the case of a recognised mishap (e.g. puncture or crash) the rider shall be entitled to a neutralisation of one lap under the supervision of a commissaire to return to the race. After the neutralisation, the rider shall resume the race but shall not be eligible for the following intermediate sprint.



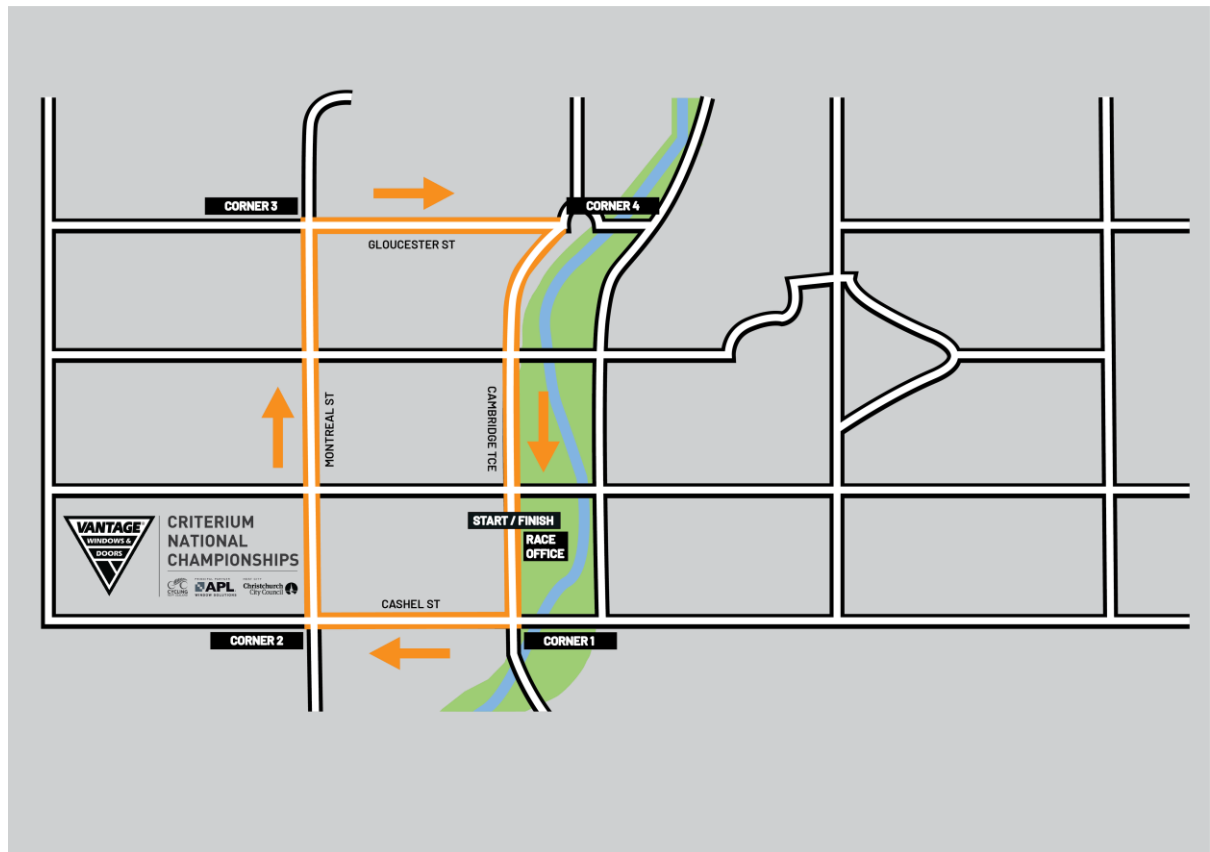
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In the case of mishap prior to the final sprint, the rider must have rejoined the main bunch before two laps to the finish to be eligible for classification.

Wheels may only be swapped in the pits area – swapping wheels with a spectator or another rider is not permitted

16. COURSE



17. PRESENTATIONS

- There will be two awards presentations
2.30pm (or as soon as possible after the Street Race) – Koha Fitness Street Race
6.45pm (or as soon as possible after the A Grade Mens Race) – All NZ Championship Races
- Please report to the stage 10 minutes prior to the advertised presentation time.
- All riders shall, in accordance of their placings, participate in official ceremonies
- Riders **MUST** wear riding attire
- No sunglasses, caps etc. are to be worn on the podium
- Medal winners are required to keep medals around their necks until they have left the podium.
- Championship Medals will be awarded for Championship events (A Grade Men & Women, U19 Men & Women and U17 Boys & Girls).
- Placegetters in the Street Race will be awarded prize packs thanks to Koha Fitness



18. FOOD AND BEVERAGE

There will be no specific food/coffee vendors at the event. We encourage you to support the local bars and restaurants for food and beverages. City Social, Barberra, Sawyer and Fiddlesticks are all bars and restaurants located on the course and will offer prime positioning to watch the racing. There are also many bars and restaurants along Oxford Terrace, including Riverside Markets, adjacent to the start / finish line.

19. HEALTH AND SAFETY

The safety of the riders, officials, volunteer and spectators are included in the event planning. This includes (but not limited to) road restrictions, traffic management and event advisories to the local businesses and residents.

The event takes place on roads throughout central Christchurch. It is your responsibility to manage your own safety during the event, to be aware of other road users at all times and to make responsible decisions. There is traffic management in place however, residents and official event traffic are able to use the roads so please beware of vehicles on the circuit during your race.

If you have any questions or concerns regarding Health and Safety please report to the Event Director.

20. MEDICAL

Promed will be present at the event. Notify an event official in the case of medical attention being required. **In the event of a medical emergency please advise the nearest marshal. In the event of any other emergency, please call 111.**

The nearest after hours medical centre is:

Pegasus 24 Hour Surgery - 401 Madras St, Christchurch
03 365 7777

The nearest hospital is:

Christchurch Hospital
2 Riccarton Ave
Christchurch Central City, 8011

21. COVID RESPONSE

In the case that the region is under Alert Level 1, the event will adopt the [‘New Zealand Events Sector Voluntary Code’](#) to deliver the event following best practice expectations based on the Ministry of Health guidance at the time. In the case that the region is under Alert Level 2 or above, the event’s Covid-19 Response Plan will be communicated to riders and stakeholders.

We are monitoring this daily and will provide further updates if there are any changes that may impact the event including but not limited to a change in Alert Level status.



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If you test positive for Covid-19 post the event please contact Cycling New Zealand immediately.

Golden Rules for Covid Alert Level 1

Please ensure that you and your supporters use the contact tracing available at the event and scan the event QR code.

- Riders, supporters and spectators must sign in using the Contract tracing QR code that is displayed around the event or via the manual sign in form at the race office to register their attendance.
- If you're sick, stay home. Please do not turn up at the event.
- If you have cold or flu symptoms call your doctor or Healthline and make sure you get tested and do not attend the event.
- Wash your hands. Wash your hands. Wash your hands.
- Sneeze and cough into your elbow, and regularly disinfect shared surfaces.
- If you are told by health authorities to self-isolate you must do so immediately.
- If you're concerned about your wellbeing or have underlying health conditions, work with your GP to understand how best to stay healthy.
- If you test positive for Covid-19 following your attendance at the event, please notify the Event Organiser immediately.
- People will have had different experiences over the last couple of months. Whatever you're feeling — it's okay. Be kind to others. Be kind to yourself.
- For more information, click [here](#)

22. SOCIAL MEDIA

We encourage you to get involved in the event through social media. The key links are provided below:

Event Facebook	https://www.facebook.com/CyclingNZL
Instagram	https://www.instagram.com/cyclingnewzealand
Twitter	https://twitter.com/CyclingNZL
Website	www.criteriumnationals.nz
Key Partners	@VantageWindowsNZ
	@ChristchurchCityCouncil
	@kohafitness
	@milesskoda
Event Hashtag	#criteriumnats



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23. EVENT PARTNERS

Thank you to the our partners who support this event



HOST CITY

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City Council



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