



AOTEAROA CROSSFEST &
NATIONAL CYCLO CROSS
CHAMPIONSHIPS
TECHNICAL GUIDE V1.0

1 WELCOME

We are proud to present the Cyclocross National Championships, incorporated within the Aotearoa Cross Fest.

Aotearoa Cross Fest is New Zealand's annual cyclocross festival catering for racers of all abilities as well as attracting the top 'cross racers to contest National Champion title honors.

We are excited to welcome you to the Hutt Valley and wish you all the best for your race.

2 KEY CONTACTS

CNZ Event Manager	Charlotte Pearson	0212920563
Race Manager/MC	Kim Hurst	02102616748
Race Co-ordinator	Greg Murison	0275695984
Chief Commissaire (PCP)	Anthony Newman	TBC

3 EVENT WEBSITE

For more information please check the event website cxnationals.co.nz

For more information about the host club check huttcross.co.nz

4 EVENT PARTNERS

We would like to extend our thanks to the event partners whom without their support the event would not be possible.



Crucial Custom Cycles



5 EVENT LOCATION

The event will take place at Wellington Family Speedway, Te Mārua, Upper Hutt 5018.

We extend our thanks to Wellington Family Speedway for the use of this fantastic venue for the event.



6 LICENCE REQUIREMENTS

Riders must be a current member of an affiliated club.

Riders racing a UCI category (Junior, U23, Elite) need a current DOMESTIC licence.

Riders racing a non-UCI category (any Masters cat, Sport, U17, U15) can race on a domestic licence or a day licence.

Riders must be New Zealand citizens to contest National Cyclo Cross Championship titles.

7 AGE CATEGORIES

For all NZ National Cyclocross Championships categories, age is taken as at 31 December 2022*

For all MightyCX categories, age is taken as at 31 December 2021.

**this is mandated by the UCI in order to align Southern Hemisphere National Championships with the Northern Hemisphere calendar which positions all other National CX Championship events in the 2022 season.*

8 RACE HQ

The race office is located in the Club Rooms at Wellington Family Speedway.

9 REGISTRATION

Registration is available during the following times.

Date	Time	Location	Event
Sat 14 Aug	0900 – 1400	Race HQ	ACXF Events & CX Nationals*
Sun 15 Aug	0800 – 0900	Race HQ	CX Nationals

**you must complete registration AT LEAST 30 MINUTES BEFORE the start of your ACXF race on Saturday*

10 TIMING AND NUMBER BIBS

All riders will be issued with 3x race numbers. The large number must be attached to the back of the rider's clothing on the RIGHT side. The two smaller numbers must be attached to the rider's shoulders and be FRONT facing. Pins will be provided at race pack pick up. Altering, cutting or placing of unauthorised sponsors' logos on numbers will result in a fine and/or disqualification.

Number placement diagram:



BACK NUMBER:

Must be attached to the back of the rider's clothing on the RIGHT side.

SHOULDER NUMBERS:

Must be attached to the rider's shoulder and be FRONT facing.

All riders must display their race numbers if riding the course on the official practice day(s) or on race day(s).

All riders will be issued with timing transponders. These should be placed around EITHER ankle. These must be returned after your race.

11 LATE ENTRIES

MightyCX - On the day entries accepted.

Singlespeed CX & Tracklocross – On the day entries accepted.

National Cyclocross Championships – Late entries for NON-UCI categories ONLY will be accepted on Saturday 14 August. There are no on the day entries for Non-UCI categories. There are NO LATE ENTRIES for UCI categories.

12 RULES

The event is run under the Rules and Regulations of the UCI:

<https://www.uci.org/docs/default-source/rules-and-regulations/5-cro-20200612-e.pdf>

13 HEALTH AND SAFETY

The event is committed to providing and maintaining the upmost health and safety standards by enduring that all risks and hazards associated with the vent are adequately identified and managed to prevent harm in accordance with the Health and Safety at Work Act 2015 (HSAW2015).

The safety of the riders, officials, volunteer and spectators are included in the event planning. This includes (but not limited to) course inspections, course marking, directional signage, hazard warning signage, communications and first aid provisions.

The venue and course are on private land.

The event course is designed for cyclocross and a certain amount of skill is required. By entering this event you are deemed to have the sufficient level of experience and skill to ensure your own safety. It is your responsibility to manage your own safety during the event, to be aware of other road users at all times and to make responsible decisions.

The event is held in an outside environment and in winter. Please ensure you prepare for inclement or cold conditions. If you have any questions or concerns regarding Health and Safety please report to the Event Director or the Chief Commissaire.

14 PUBLIC HEALTH

Please do not attend the event if you have flu like symptoms. You are encouraged to use the provided handwashing stations and scan in when you arrive at the event using the QR codes displayed.

In the event of the Wellington Region being in COVID19 Alert level 2 or higher the event will be postponed or cancelled.

15 MEDICAL

Medical support will be present at the venue. Notify an event official in the case of medical attention being required. In the event of an emergency please call 111.

The nearest After Hours medical centre is:

Upper Hutt Health Centre, Queen Street, Ebdentown, Upper Hutt 5018

049201800

The nearest hospital is:

638 High Street, Boulcott, Lower Hutt 5010

045666999

16 WITHDRAWING FROM THE RACE

If you are pulling out of a race, you **MUST** notify officials at the finish line. This is to ensure that everybody is accounted for at the conclusion of the race.

17 ANTI-DOPING

Drug testing could happen at any time and will be administered by Drug Free Sport NZ. Anti-doping officials will inform riders chosen. Drug Testing will be undertaken in provided facilities on site at the event village.

18 RACE BRIEFING

Riders will be briefed on the start line prior to their race start. Briefing is mandatory for all riders.

19 SCHEDULE

19.1 Saturday 14 August

Event	Duration (min)	Time
Open Practice		10:00 – 12:00
Rego		09:00 – 14:00
CX Skills Clinic	60	09:00 – 10:00
RWYB / Allcomers	30	12:00 – 12:30
Mighty CX (U6, U8)	20 (1 lap)	13:00 – 13:20
Mighty CX (U10, U12)	20 (2 laps)	13:20 – 13:40
SSCX & Tracklocross Nationals	30	14:00 – 14:30
Prizegiving (All ACXF Events)		15:00
Open Practice		15:00 – 16:00

19.2 Sunday 15 August

Event	Duration (min)	Time
Open Practice		08:00 – 09:00
Rego		08:00 – 09:00
Men M1, M2, Senior (17-29)	45	09:00 – 09:45
Men M3, M4, M5	45	10:15 – 11:00
Men U15, U17, MJ	40	11:30 – 12:10
Prizegiving (Morning Session)		12:30
Open Practice		12:20 – 12:45
Women WE, WU, WJ All Masters, U15, U17	45	13:00 – 13:45
Prizegiving (All Women)		14:00
Men ME, MU	60	14:30 – 15:30
Prizegiving (ME, MU)		15:45

20 CATEGORIES

<p>UCI Categories</p>	<p>Elite - Riders aged 23 or over (as at 31 December 2022)</p> <p>U23 - Riders aged between 19 - 22 (as at 31 December 2022)</p> <p>Junior - Riders aged between 17 - 18 (as at 31 December 2022)</p> <p>The Elite/U23 Men's and Elite/U23 Women's race will be run as a COMBINED RACE (Only 3 medals awarded). In the case of a U23 winning the Combined Race only one (Elite) National Jersey will be awarded to that rider.</p> <p>Junior Women will race with the Elite & U23 Women (unless entries are sufficient enough to consider a separate race) however will be awarded separate medals and the Junior National Jersey.</p> <p>There is a separate Junior Men's race and the winner will be awarded the Junior National Jersey.</p>
<p>NON - UCI Categories</p>	<p>U15 - For Riders aged between 13 - 14 (as at 31 December 2022)</p> <p>U17 - For Riders aged between 15 - 16 (as at 31 December 2022)</p> <p>Sport- For Riders aged between 17 - 29 (as at 31 December 2022)</p> <p>Masters 1 - For Riders aged between 30 - 39 (as at 31 December 2022)</p> <p>Masters 2 - For Riders aged between 40 - 49 (as at 31 December 2022)</p> <p>Masters 3 - For Riders aged between 50 - 59 (as at 31 December 2022)</p> <p>Masters 4 - For Riders aged 60 - 69 (as at 31 December 2022)</p> <p>Masters 5 - For Riders aged 70+ (as at 31 December 2022)</p>

21 EQUIPMENT REGULATIONS

Race	Bike	Tyres	Bars	Gears
Run What You Brung	Any (except e-bikes/pedal assist)	Any	Any	Any
Mighty CX	Any	Any	Any	Any
SSCX	Fully rigid – MTB/CX	Max 40mm width	Drops or flat bars	One
Tracklocross	Fully rigid – MTB/CX	Max 40mm width	Drops or flat	Fixed wheel
CX (UCI), MJ, U23, Elite	CX only	Max 33mm width	Drops	Any
CX (non UCI), All Masters, U17, U15	CX only	Max 35mm width	Drops	Any

22 UCI POINTS

The following events are registered with the UCI and will be eligible for UCI Points. UCI points are being awarded as per the UCI Regulations for the appropriate points scale, and summarized as follows:

Men's and Women's Elite/U23 Combined Race Top 10

Men's and Women's Junior Top 5

23 PARKING

Event parking is available at the venue. Please follow the signs and any instructions onsite from event crew. Vehicle access to the course/pits is absolutely forbidden.

24 TENT SITES

Tents can be set up in the village on Saturday. Please report to the Race Director to confirm your tent location. All Gazebos must be weighted or pegged down and secured in place.

25 FOOD AND BEVERAGES

There will be food and coffee available for sale at the venue.

26 SMOKE, DRUG AND ALOCHOL FREE

The entire event is smoke, drug and alcohol free. Please ensure all your supporters are aware of this.

27 MEDAL CEREMONY PROTOCOL

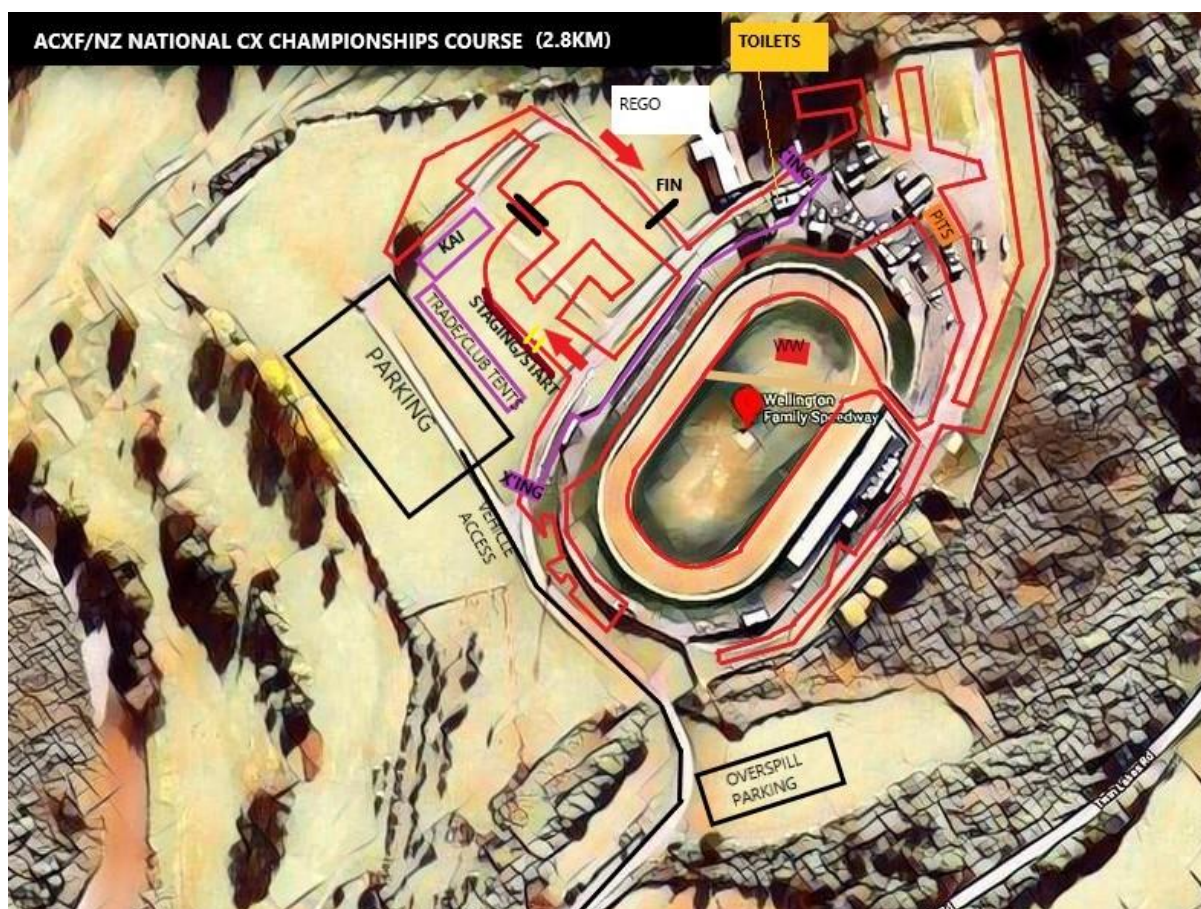
Riders are responsible for ensuring they are at the presentation area at least 10 mins prior to the presentation taking place. Medal winners must make themselves known to officials upon arrival. Presentations will occur at as detailed in the Event Schedule.

28 RACE INFORMATION

28.1 COURSE

The course is 2.8km in length and has a variety of features including a flyover, double barriers, and full lap of the speedway.

Course diagram:



28.2 80% RULE

For Junior, Under 23 and Elite level CX races, the 80% rule will apply at the discretion of the President of the Commissaires Panel. If a slower rider is more than 80% of the time it takes the leading rider to complete a lap behind that leading rider at the start/finish line, the slower rider may be withdrawn under the 80% rule.

28.3 PITS & FEEDING

A double pit is provided. This is on hard standing and has power washers available for use. Neutral pit support is available if required.

Riders are permitted to one person only in the pits. Riders will receive a pass for their allocated person at registration. The pit area is the part of the course where riders can change wheels or bicycles. Unlike in MTB XC, feeding from the pits is not permitted in cyclocross. If you wish to be handed a bottle, you must take a bike in the pits with a bottle fitted in a cage.

Littering the course (gel wrappers etc) is prohibited.

28.4 COURSE PRACTICE

The course will be open for practice at the times indicated in the Event Schedule. Access to the course while other races are running is absolutely forbidden and risks disqualification.

Please follow event signage and ride with caution.

28.5 WARMING UP

Be aware that the road in/out to the venue is used for vehicle access at all times of the event. There is limited space for warming up at the venue so you are encouraged to bring rollers or a trainer. If you warm up on local roads you must obey road rules.

28.6 SPECTATING

Spectators are encouraged to bring cowbells and noise-makers. Spectators must only cross the course at dedicated crossing points. Hand-ups are prohibited. Please pack out what you pack in.