

## LOOK CORIMA SRAM ZIPP

2023 Round 3 Race Programme Cambridge 15-17 September 2023

Session 1:		Friday 15 September, 2.00pm - 9.00pm					
Event		Race	Time	е	Notes	<b>Riders/Heats</b>	Time
		Race Number Pick Up	13:30:00	15:00:00	Velo Lounge 1		
		4 Rs of Recovery Workshop	14:00:00	14:45:00	Velo Lounge 1		
		Sprinters Warm-up	15:30:00				
1	Sprint	Flying 200m Time Trial - Qualifying	15:45:00	0:45:00	Sprint Seeding to groups of 8.	30	0:01:30
		Madison Fundamentals Workshop for all	15:45:00	0:45:00	Infield TV in HP Pit		
	Endurance	Madison Fundamentals on-track Workshop for all	16:30:00	0:45:00	On Track		
2	Sprint	Sprint Groups Ride Round 1	17:15:00	0:45:00	1v8, 2v7,3v6,4v5 etc for each group (2 Points for win, 1 Point for 2nd)	15	0:03:00
-	All	Endurance Warm-up	18:00:00	0:15:00		1	0:15:00
3	Endurance	Women 7.5km Points Race - A & B Grade Qualifying	18:15:00	0:12:00	Endurance race seeding for the weekend	1	0:12:00
4	Endurance	Men 7.5km Points Race - A & B Grade Qualifying	18:27:00	0:20:00	Endurance race seeding for the weekend. 1st 9 through to A Grade	2	0:12:00
5		Sprint Groups A & B Semi Final			A - 1v4, 2v3. B - 5v8, 6v7 etc for each group(2 Points for win, 1 Point for 2nd)	15	0:03:00
	Sprint		18:47:00	0:45:00 0:00:00			0:03:00
<del>6</del> 7	Endurance	B Grade Womens 4km Double Tempo	<del>19:32:00</del>		16 Laps, 3 laps then sprints every 2nd lap. 3,2,1 Points	<u> </u>	
	Endurance	B Grade Men 4km Double Tempo	19:32:00	0:08:00	16 Laps, 3 laps then sprints every 2nd lap. 3,2,1 Points	1	0:08:00
8	Endurance	A Grade Womens 5km Double Tempo	19:40:00	0:10:00	20 Laps, 3 laps then sprints every 2nd lap. 3,2,1 Points	1	0:10:00
9	Endurance	A Grade Men 5km Double Tempo	19:50:00	0:10:00		1	0:10:00
10	Sprint	Longest Lap	20:00:00	0:12:00		3	0:04:00
11	Endurance	B Grade Womens - 7.5km Madison Chase	<del>20:12:00</del>	<del>0:00:00</del>	30 Lap madison	1	<del>0:12:00</del>
12	Endurance	B Grade Mens - 7.5km Madison Chase	20:12:00	0:12:00	30 Lap madison	1	0:12:00
13	Endurance	A Grade Women - 10km Madison Chase	20:24:00	0:15:00	40 Lap madison	1	0:15:00
14	Endurance	A Grade Men - 10km Madison Chase	20:39:00	0:15:00	40 Lap madison	1	0:15:00
			20:54:00	5:54:00			
ssion 2:		Saturday 16 September, 11.30pm - 3.15pm					
		Race Analysis - Endurance	9:30:00		Velo Lounge 1		
		Race Analysis - Sprint	9:30:00	10:30:00	Velo Lounge 2		
		Track Warm Up	11:00:00				
Event		Race	11:30:00	Time		<b>Riders/Heats</b>	Time
15	Sprint	Sprint Groups A & B Final (Ride 1)	11:30:00	0:45:00	A - 1v2, 3v4. B - 5v6, 7v8 etc for each group (2 Points for win, 1 Point for 2nd)	15	0:03:00
<del>16</del>	Endurance	B Grade Womens - 7.5km Points Race	<del>12:15:00</del>	<del>0:00:00</del>	<del>30 Laps, sprint every 10 laps</del>	1	<del>0:13:00</del>
17	Endurance	B Grade Men - 7.5km Points Race	12:15:00	0:10:00	30 Laps, sprint every 10 laps	1	0:10:00
18	Endurance	A Grade Womens - 10km Points Race	12:25:00	0:18:00		1	0:18:00
19	Endurance	A Grade Men - 10km Points Race	12:43:00	0:15:00	40 Laps, sprint every 10 laps	1	0:15:00
20	Sprint	Sprint Groups A & B Final (Ride 2)	12:58:00	0:45:00	A - 1v2, 3v4. B - 5v6, 7v8 etc for each group (2 Points for win, 1 Point for 2nd)	15	0:03:00
<del>20</del> <del>21</del>	Endurance	B Grade Womens Elimination	<del>13:43:00</del>	0:00:00	1 rider eliminated every 2 laps, a final sprint of the final 2 riders	10	0:10:00
22	Endurance	B Grade Men Elimination	13:43:00	0:12:00	1 rider eliminated every 2 laps, a final sprint of the final 2 riders	1	0:12:00
23	Endurance	A Grade Womens Elimination	13:55:00	0:12:00	1 rider eliminated every 2 laps, a final sprint of the final 2 riders	1	0:12:00
23	Endurance	A Grade Women's Elimination	14:07:00	0:12:00		1	0:12:00
24		Sprint Groups A & B Final (Ride 3 if required)	14:19:00	0:09:00		3	0:03:00
	Sprint				A - 1v2, 3v4. B - 5v6, 7v8 etc for each group (2 Points for win, 1 Point for 2nd)		
26	Endurance	C Grade Madison 5km Points Race	14:19:00	0:10:00	20 Lap Madison, sprint every 10 Laps	1	0:10:00
27	Endurance	B Grade Madison 7.5km Points Race	14:29:00	0:12:00		1	0:12:00
28	Endurance	A Grade Madison 10km Points Race	14:41:00	0:18:00	40 Lap Madison, sprint every 10 laps	1	0:18:00
29	All	Box Game Championships	14:59:00	0:15:00		1	0:15:00
			15:14:00	3:38:00			
ssion 3:		Saturday 16 September, 5.30pm - 8.35pm					
		Warm up for all	17:15:00				
Event		Race	17:30:00	Time		<b>Riders/Heats</b>	Time
30	Sprint	Womens Sprinters 2km Scratch Race. Non Qualifier	17:30:00	0:05:00		1	0:05:00
31	Sprint	Mens Sprinters 2km Scratch Race. Non Qualifier	17:35:00	0:06:00		1	0:06:00
<del>32</del>	Endurance	B Grade Womens 5km Scratch Race	<del>17:41:00</del>	<del>0:00:00</del>	20 Laps	4	<del>0:10:00</del>
33	Endurance	B Grade Men 5km Scratch Race	17:41:00	0:10:00	20 Laps	1	0:10:00
34	Endurance	A Grade Womens 8km Scratch Race	17:51:00	0:12:00	32 Laps	1	0:12:00
35	Endurance	A Grade Men 8km Scratch Race	18:03:00	0:12:00	32 Laps	1	0:12:00
36	Sprint	Sprinters All-in 515m Derby - Straight Finals	18:15:00	0:18:00	Seedings based on 250m TT Qualifying, 6 per heat	6	0:03:00
<del>37</del>	Endurance	B Grade Womens Crescendo Points Race	<del>18:33:00</del>	<del>0:10:00</del>	21 Lap Points Race, sprint on laps 15,10,6,3,1,0.	1	<del>0:10:00</del>
38	Endurance	B Grade Men Crescendo Points Race	18:43:00	0:10:00	21 Lap Points Race, sprint on laps 15,10,6,3,1,0.	1	0:10:00
39	Endurance	A Grade Womens Crescendo Points race	18:53:00	0:12:00	28 Lap Points Race, sprint on laps 21,15,10,6,3,1,0.	1	0:12:00
40	Endurance	A Grade Men Crescendo Points Race	19:05:00	0:12:00	28 Lap Points Race, sprint on laps 21,15,10,6,3,1,0.	1	0:12:00
40	Sprint	Gladiator	19:17:00	0:20:00	Longest Lap Eliminator - 4 selected heats of 6 - 8 riders. From sprint groups	4	0:05:00
41 42	Endurance	B-Grade Womens - Madison Elimination	<del>19:37:00</del>	0:20:00	No Eliminations for the first 10 laps then 1 team out every 5 laps.	4	0:05:00
42			19:37:00			1	0:17:00
	Endurance	A Grade Womens - Madison Elimination		0:17:00	No Eliminations for the first 10 laps then 1 team out every 5 laps.		
44	Endurance	B Grade Men - Madison Elimination	19:54:00	0:20:00	No Eliminations for the first 10 laps then 1 team out every 5 laps.	1	0:20:00
45	Endurance	A Grade Men - Madison Elimination	20:14:00	0:20:00	No Eliminations for the first 10 laps then 1 team out every 5 laps.	1	0:20:00
			20:34:00	2:53:00			
ssion 4:		Sunday 17 September, 9.00am - 12.00pm					
		Warm up for all	8:30:00				
Event		Race	9:00:00	Time		<b>Riders/Heats</b>	Time
	All	Kiwi Keirin Womens 1st Round	9:00:00	0:16:00	Top 3 to 2nd Round, Others to Non-Qualifiers Race. Format TBC Sat.	4	0:04:00
46	All						
	All	Kiwi Keirin Mens B 1st Round	9:16:00	0:16:00	Top 3 to 2nd Round, Others to Non-Qualifiers Race. Format TBC Sat.	4	0:04:00
46		Kiwi Keirin Mens B 1st Round Kiwi Keirin Mens A 1st Round	9:16:00 9:32:00		Top 3 to 2nd Round, Others to Non-Qualifiers Race. Format TBC Sat. Top 3 to 2nd Round, Others to Non-Qualifiers Race. Format TBC Sat.	4	0:04:00

48	All	Kiwi Keirin Mens A 1st Round	9:32:00	0:16:00	Top 3 to 2nd Round, Others to Non-Qualifiers Race. Format TBC Sat.	4	0:04:00
49	All	Non-Qualifier Womens 5km Scratch Race	9:48:00	0:08:00		1	0:08:00
50	All	Non-Qualifier Mens 5km Scratch Race	9:56:00	0:08:00		1	0:08:00
51	All	Kiwi Keirin Womens 2nd Round	10:04:00	0:08:00	Top 3 to 1 - 6 Final, others to 7 - 12 Final	2	0:04:00
52	All	Kiwi Keirin Mens B 2nd Round	10:12:00	0:08:00	Top 3 to 1 - 6 Final, others to 7 - 12 Final	2	0:04:00
53	All	Kiwi Keirin Mens A 2nd Round	10:20:00	0:08:00	Top 3 to 1 - 6 Final, others to 7 - 12 Final	2	0:04:00
54	All	Longest Lap Non Qualifier	10:28:00	0:16:00	4 Heats	4	0:04:00
55	All	Kiwi Keirin Womens Finals	10:44:00	0:08:00		2	0:04:00
56	All	Kiwi Keirin Mens B Finals	10:52:00	0:08:00		2	0:04:00
57	All	Kiwi Keirin Mens A Finals	11:00:00	0:08:00		2	0:04:00
58	All	C Grade Mixed Madison 5km Chase	11:08:00	0:10:00	One male, one female rider per team	1	0:10:00
59	All	B Grade Mixed Madison 7.5km Chase	11:18:00	0:12:00	One male, one female rider per team	1	0:12:00
60	All	A Grade Mixed Madison 10km Chase	11:30:00	0:15:00	One male, one female rider per team	1	0:15:00
			11:45:00	2:45:00			