

15 - 19 MARCH 2022 - CAMBRIDGE



#### 1. WELCOME

On behalf of the Cycling New Zealand Road and Track Council, I offer you all a warm welcome to the 2022 Track National Championships in Cambridge.

After a challenging two years for sporting events and travel, it will be exciting to have another opportunity to see New Zealand's top track cyclists racing for the coveted National Champion jersey on the boards of the Grassroots Trust Velodrome.

Thanks to the event organisers and to the team of volunteers, officials, and our Commissaires, all of whom are giving up their time to ensure the event happens. We are grateful for the support of the people here this weekend but also to the hundreds of volunteers who work tirelessly behind the scene at club events around the country. Volunteers are truly the backbone of cycling in this country.

We wish all the riders the best of luck and a safe and successful competition and to the spectators we hope you enjoy exciting racing.

Erin Criglington
President, Cycling New Zealand Road & Track

#### 2. KEY CONTACTS

Event Director
Event Manager
Chief Commissaire
Technical Delegate
Judge Referee

Commissaire's Secretary

Chief Judge Starter

**Assistant Commissaires** 

Janette Douglas
Charlotte Pearson
Stephen Holdsworth
Erin Criglington
Graeme Bell
Olivia Spaans
Heather Smyth
Brendan Patterson

027 644 8921

021 292 0563

021 394 849

Jan Carol Penny Gough Glen Lewis Mark Donald Stuart Weston Nick Spark

Lyle Hastings



#### 3. COVID-19 RESPONSE

Click here for the event's Covid Response Plan.

The intent of this plan is to summarise Cycling New Zealand's response to the delivery of the **2022 Track National Championships** under the Covid Protection Framework and the steps that the event will undertake in considering all its stakeholders, the wellbeing of all those attending and to uphold the intent and guidelines directed by the NZ Government.

We acknowledge that this plan may detract from the full event experience expected for a National Championships but we are fortunate to be in a positon to deliver a race. This planning is based on the current Government Guidelines and the current Covid-19 environment and is subject to change at any time through change to the government guidelines or direction from any relevant authorities either prior to or during the event which may prevent the event going ahead or another change to its format. We will continue to keep you updated if there are any further changes.

# **KEY REMINDERS**

- This is a My Vaccine Pass event. This applies to all riders, handlers, staff, officials and volunteers. MVP will be checked on entry to the venue.
- Masks are required for all at all times, with the exception of when you are riding your bike.
- Scan in via the event QR codes each day. A manual sign in will be available at the race desk if required.
- Stay at home if you are sick (If you have cold or flu symptoms call your doctor or Health line and make sure you get tested.)
- If you are told by health authorities to self-isolate you must do so immediately.
- Stay at home if you are awaiting the results from being tested for COVID-19
- Stay at home if you have been a close contact with any known/suspected cases and are still within your isolation period.
- You are encouraged to maintain physical distancing from people you do not know.
- Wash your hands.
- Get your booster vaccine as soon as possible.
- Sneeze and cough into your elbow, and regularly disinfect shared surfaces.
- If you're concerned about your wellbeing or have underlying health conditions, work with your GP to understand how best to stay healthy.
- If you test positive for Covid-19 following your attendance at the event, please notify the Event Organiser immediately.
- Have a plan if you are required to isolate away from home.

The success and safety of this event relies on all those involved with the event to comply with the instructions and intent of this plan and any instructions or messages issued by officials at the event. This plan can only work if we all work together. The continuation of events and racing is at risk if we are unable to support or follow this plan. Please ensure you are thinking about your own safety and that of others when you are interacting with those connected with the event. We appreciate your support.



#### 4. ACCREDITATION

Only registered riders and team officials will be permitted into the venue. Accreditation bands will be given to riders and team officials when they check in at the Velodrome reception. These must be worn throughout the event.

#### 5. VENUE ACCESS

**Training day:** entry for accredited riders and team officials only. Entry and exit is through the main reception of the Velodrome only.

**Competition days:** entry for accredited riders and team officials only. Entry is through the main reception of the Velodrome only. Exit at the end of session is through the tunnel out to the Gate 2 carpark.

#### RACE OFFICE

The Race Office will be located in the infield next to the timing platform. Please see the Cycling New Zealand event staff team with any questions. You can also email <a href="mailto:events@cyclingnewzealand.nz">events@cyclingnewzealand.nz</a>

# 7. EVENT PROGRAMME

The event programme is available <u>here</u> – published 10 March. Note that the programme is provisional and is subject to change after confirmation of starters.

#### 8. TEAM TRAINING

Due to the defined groups for this event, training will be split into defined groups and there won't be set Centre training times. This team training won't have a charge for the Centres. Training sessions will start from 10am.

# Group 1 - U17 & U15 Boys & Girls

Arrive from 9.30am

Track available from:

10.00am - 11.00am: U15 boys & girls

11.00am – 12.00pm: U17 girls 12.00pm – 1.00pm: U17 boys

Depart by 1.30pm



# Group 2 - Elite, U19 & Para Women

Arrive from 2.00pm

Track available from:

2.30pm - 4.30pm

Depart by 5.00pm

# Group 3 - Elite, U19 & Para Men

Arrive from 5.30pm

Track available from: 6.00pm – 8.00pm

# 9. WARM UP PRIOR TO SESSIONS

Due to time restrictions, there is limited time for 'on track' warm ups (see programme). We recommend you plan to warm up on rollers or trainers in the infield.

#### 10. INFIELD GYM

Please note that the infield gym is closed to all event riders and officials during all event times. No access will be granted at any time.

#### 11. TEAM MANAGERS MEETING & CONFIRMATION OF STARTERS

Confirmation of starters will be held on Monday 14 March from 5.00pm – 5.45pm, followed by the Team Managers Meeting at 6.00pm in Velo Lounge 1 at the Grassroots Trust Velodrome. Please note that it may not be possible to add riders to events. Managers must confirm their starters at this point.

Attendance at the Team Managers Meeting by each centre is compulsory and representatives will be required to sign in.

Important information such as distribution of race numbers and any updated programme information will be provided at this meeting.

### **Confirmation of Starters**

Date: Monday 14 March Time: 5.00pm – 5.45pm

Venue: Velo Lounge 1, Grassroots Trust Velodrome

Required: Yes – All Team Managers are required to confirm their starters during this time.

#### **Team Managers Meeting**

Date: Monday 14 March Time: 6.00pm – 6.30pm

Venue: Velo Lounge 1, Grassroots Trust Velodrome
Required: Yes – All Team Managers are required to attend.

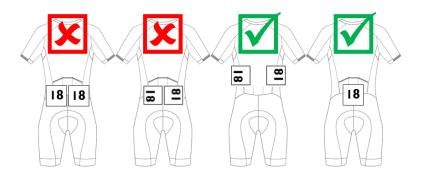


#### 12. RACE NUMBERS

Riders shall wear two body numbers except for the 500m & kilometre time trial, Individual & Team Pursuit & Team Sprint, where one number shall be worn.

Numbers must be placed on either side of the lower back of the top on a 90 degree angle as shown below.

# **Correct Number Placement**



# 13. TEAM PIT AREAS

Designated pit areas have been allocated for each defined group, i.e. Group 1 will be in one area, Group 2 in one area and Group 3 in another area. There will be signs to show where each Group will be situated.

Pits will be set up on Monday morning prior to the first training session, please do not bring your gear into the infield any earlier than your designated training times.

Please ensure the walkways are kept free of equipment to allow un-impeded access at all times. There is to be no riding of bikes in the team pit areas.

# 14. MEDICAL

Medical staff on are on duty during each session.

The following Medical Centres are on duty over the event period if medical assistance is required while not at the event.

#### **Cambridge Medical Centre**

48 Alpha Street, Cambridge

(07) 827 7184

# **Waikato Hospital**

Pembroke Street, Hamilton

(07) 839 8899

In an Emergency call 111



# 15. FOOD AND BEVERAGE

Food and beverages will be available for purchase from the Bikery Café on the ground floor of the Grassroots Trust Velodrome, their opening hours are:

Monday - Friday = 7.30am - 3.30pm (menu only until 1.30pm)

Saturday - Sunday = 8.30am - 3.30pm (menu only until 2.00pm)

You are permitted to bring in your own food and beverage to the event. No glass is permitted in the venue.

#### 16. NO SPECTATORS

Due to Covid Restrictions under RED of the Covid Protection Framework, no spectators are permitted at this event.

#### 17. SOCIAL MEDIA

We encourage you to get involved in the event through social media. The key links are provided below:

Event Facebook	https://www.facebook.com/CyclingNZL
Instagram	https://www.instagram.com/cyclingnewzealand/
Twitter	https://twitter.com/CyclingNZL
Website	www.tracktracknationals.nz
Event Hashtag	#TrackNats

# 18. MEDAL CEREMONY PROTOCOL

Medal Ceremonies will take place during sessions as stated in the event programme.

Team Managers are responsible for ensuring their riders are at the presentation area at least 10mins prior to the presentation taking place. Medals winners must make themselves known to medal ceremony officials upon arrival. Due to the tight scheduling of the event programme a medal ceremony protocol has been established to keep these presentations streamlined.

- 1. Riders will be lead to the podium by officials and the riders will stand in front of the podium (not on podium).
- 2. Each rider will be acknowledged by name and representing centre.
- 3. Riders receive their medal (and Trophy if applicable)
- 4. Rider step onto podium.
- 5. Once the 1<sup>st</sup> place has been presented a photo will be taken.
- 6. Riders leave the podium and return to the waiting area lead by officials.
- 7. Riders are required to leave their medal on until they return to the waiting area.
- 8. All trophies presented are to be returned to Event Organisers before the end of the session.



#### 19. HEALTH AND SAFETY

The event has a Health and Safety plan which has taken into consideration the health and safety of the riders, team officials, volunteers, spectators and staff. Health and Safety is the responsibility of all those attending. If you have any concerns or identify any hazards please contact the Event Manager.

#### 20. RULES AND REGULATIONS

Racing will be conducted under UCI regulations and Cycling New Zealand Road & Track racing rules.

The UCI scale of penalties will apply. Any fines issued will be invoiced to the centre after the event.

Riders must only wear their approved Centre jerseys and shorts. Shorts may only display sponsors that are detailed on the rider's membership profile.

#### 21. CHANGE FORMS

All Changes must be completed on the Change Request Form, as detailed below, and submitted to the Commissaires Secretary. Additional change forms will be available at the Race Office. Where applicable, a medical certificate should accompany the form.



# **Change Request Form**


Date & Time:

Team:

Rider(s) No.	Rider(s) Name	Event Name & No.	Request: Eg. Scratching, addition, reserve, team confirmation etc	Office Use Only

Team:

Date & Time:

Rider(s) No.	Rider(s) Name	Event Name & No.	Request: Eg. Scratching, addition, reserve, team confirmation etc	Office Use Only

Team:

Date & Time:

Rider(s) No.	Rider(s) Name	Event Name & No.	Request: Eg. Scratching, addition, reserve, team confirmation etc	Office Use Only