



TRACK NATIONAL CHAMPIONSHIPS

1 - 5 March 2023 - Invercargill

Tech Guide

1. WELCOME

On behalf of the Cycling New Zealand Road, Track and Cyclocross (RTX) Council, I offer you all a warm welcome to the 2023 Track National Championships in Invercargill.

After a challenging few years for sporting events and travel, it will be exciting to have another opportunity to see New Zealand's top track cyclists racing for the coveted National Champion jersey on the boards at the SIT Zero Fees Velodrome.

Thanks to the event organisers and to the team of volunteers, officials and Commissaires, all of whom are giving up their time to ensure the event happens. We are grateful for the support of the people here this weekend and also to the hundreds of volunteers who work tirelessly behind the scene at club events around the country. Volunteers are truly the backbone of cycling in this country.

We wish all the riders the best of luck and a safe and successful competition and to the spectators, we hope you enjoy the exciting racing.

Erin Criglington
President, Cycling New Zealand Road, Track and Cyclocross (RTX)

2. KEY CONTACTS

Events Director	Chris Christensen	027 414 2221
Events Manager	Steff Holcroft	027 855 7676
Chief Commissaire (PCP)	Erin Criglington	021 134 2294
Assistant PCP	Mike Sim	021 431 0622
Commissaires Secretary	Brendan Patterson	021 335 029
Assistant commissaires	Brian Harford	
	Graeme Bell	
	Ken Lasenby	
	Ken Manson	
	Peter Murphy	
	Neil Jamieson	
	Nicola Stevens	

3. VENUE ACCESS / ACCREDITATION

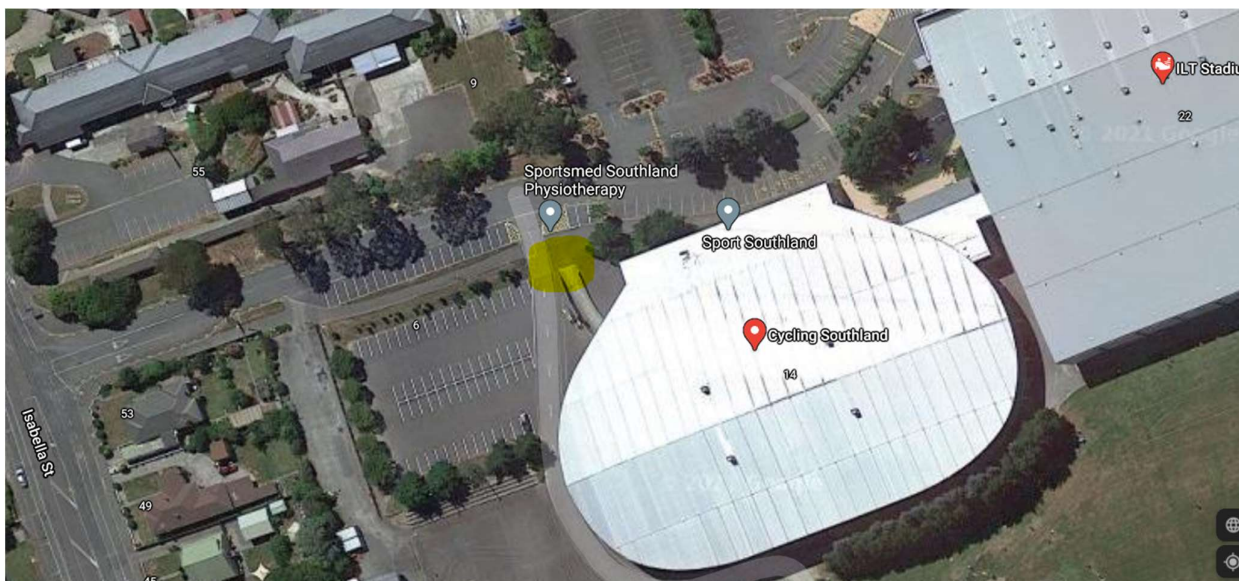
The Velodrome will be open for competition access from 8am each morning. The venue will close 30 minutes after the end of the night session. In between sessions you are welcome to remain in the infield however the use of the track is prohibited until the official warm up period begins.

Date	Morning Session Start	Evening Session Start
Wednesday 1 March	9.00am (track opens at 8.00am)	5.00pm (track opens at 4.00pm)
Thursday 2 March	9.00am (track opens at 8.00am)	5.00pm (track opens at 4.00pm)
Friday 3 March	9.00am (track opens at 8.00am)	5.00pm (track opens at 4.00pm)
Saturday 4 March	9.00am (track opens at 8.00am)	5.00pm (track opens at 4.00pm)
Sunday 5 March	9.00am (track opens at 8.00am)	5.00pm (track opens at 4.00pm)

Accreditation Passes are for riders and team officials only – as named on the official form. Accreditation must not be passed onto unnamed persons. Additional supporters, family and friends are required to purchase event tickets and view the event from the public areas. Entry and exit for accredited riders and officials is through the tunnel entrance of the building or via the front entrance. Access to the infield will be controlled and access will only be permitted for accredited persons. Please ensure your accreditation is clearly visible when entering the venue. All team accreditation passes will be issued at Managers. Please do not put our volunteer staff in the position of refusing entry to guests who do not have accreditation, invalid accreditation or event tickets.

4. VENUE ACCESS

Entry for accredited riders and team officials only. Entry and exit is through the velodrome tunnel highlighted below. Entry for spectators is through the main stadium reception.



5. RACE OFFICE

The Race Office will be located in the infield next to the timing platform. Please see the Cycling New Zealand event staff team with any questions. You can also email events@cyclingnewzealand.nz

6. EVENT PROGRAMME

The event programme is available [here](#). Note that the programme is provisional and is subject to change after confirmation of starters.

7. TEAM TRAINING

Clubs can book one or two hour slots of training time for Tuesday 28 February. Charges apply. Contact Cycling New Zealand Events Team by emailing events@cyclingnewzealand.nz to book track time. To book training time prior to Tuesday 28 February, please contact Cycling Southland by emailing office@cyclingsouth.org.nz. You will find a table of the bookings times on the event website.

8. WARM UP PRIOR TO SESSIONS

The track will be open for warmup one hour prior to the programme commencing. The warm up sessions will be approximately 50 mins long and approximately 10 mins prior to the scheduled session start time, a Commissaire will blow a whistle for the riders to exit the track. Please adhere to the instructions of the Commissaires at all times.

9. INFIELD GYM

Please note that the infield gym is closed to all event riders and officials during all event times. No access will be granted at any time.

10. TEAM MANAGERS MEETING & CONFIRMATION OF STARTERS

Clubs will be sent a list of riders and their contact details once entries close. Clubs must appoint a Team Manager prior to the event. The Team Manager must attend Confirmation of Starters and the Team Managers meeting, and distribute race numbers, accreditation and any key messages to their riders.

All Club officials/handlers must be registered by completing this form [here](#) in order to receive accreditation into the in-field. Team Officials are limited to 1 x Manager, 1 x Assistant Manager, 1 x Coach, 1 x Development Coach and 1 x Handler per 5 riders.

All team officials must have a 2023 Cycling New Zealand Licence with the appropriate technical endorsement from their Club.

Confirmation of starters will be held on Tuesday 28 February from 4.45pm – 5.30pm, followed by the Team Managers Meeting at 6.30pm in The Champions Lounge above the Velodrome. Please note that it may not be possible to add riders to events. Managers must confirm their starters at this point.

Attendance at the Team Managers Meeting by each club is compulsory and representatives will be required to sign in.

Important information such as distribution of race numbers and accreditation and any updated programme information will be provided at this meeting.

Confirmation of Starters

Date: Tuesday 28 February
 Time: 4.45pm – 5.30pm
 Venue: The Champions Lounge
 Required: All Team Managers are required to confirm their starters during this time.

Team Managers Meeting

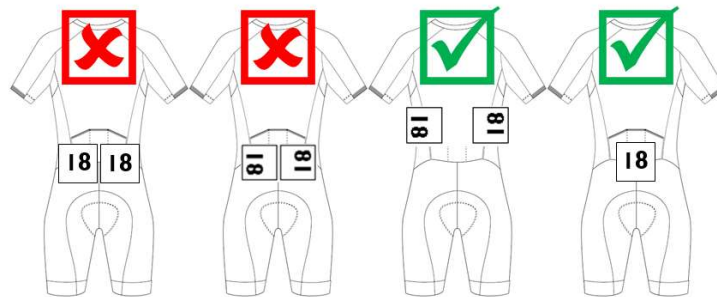
Date: Tuesday 28 February
 Time: 6.30pm – 7.00pm
 Venue: The Champions Lounge
 Required: All Team Managers are required to attend.

11. RACE NUMBERS

Riders shall wear two body numbers except for the 500m & kilometre time trial, Individual & Team Pursuit & Team Sprint, where one number shall be worn.

Numbers must be placed on either side of the lower back of the top on a 90 degree angle as shown below.

Correct Number Placement



12. TEAM PIT AREAS

Designated pit areas have been allocated for each club. There will be signs to show where each Group will be situated.

Pits will be set up on Tuesday morning prior to the first training session, please do not bring your gear into the infield any earlier than your designated training times.

Please ensure the walkways are kept free of equipment to allow un-impeded access at all times. There is to be no riding of bikes in the team pit areas.

13. MEDICAL

Invercargill Medical Centre (weekdays only)

160 Don St, Invercargill
(03) 218 9116

Invercargill After Hours Doctors (from 6pm weekdays and 9am weekends)

105 Don St, Invercargill
(03) 218 8821

Southland Hospital

Kew Rd, Invercargill
(03) 218 1949

In an Emergency call 111

14. FOOD AND BEVERAGE

Food and beverages will be available for purchase from the handlebar Café during the evening sessions and from the main foyer café during the day sessions.

You are permitted to bring in your own food and drink into the infield.

15. TICKET SALES

Donations for entry will be available at each session from the ticketing desk on Level 2 of the SIT Zero Fees Velodrome. Eftpos will be available. There are no online ticket sales.

See <http://tracknationals.nz/> for ticketing information.

16. SOCIAL MEDIA

We encourage you to get involved in the event through social media. The key links are provided below:

Event Facebook	https://www.facebook.com/CyclingNZL
Instagram	https://www.instagram.com/cyclingnewzealand/
Twitter	https://twitter.com/CyclingNZL
Website	www.tracknationals.nz
Event Hashtag	#TrackNats

17. MEDAL CEREMONY PROTOCOL

Medal Ceremonies will take place during sessions as stated in the event programme.

Team Managers are responsible for ensuring their riders are at the presentation area at least 10mins prior to the presentation taking place. Medal winners must make themselves known to medal ceremony officials upon arrival. Due to the tight scheduling of the event programme a medal ceremony protocol has been established to keep these presentations streamlined.

1. Riders will be lead to the podium by officials and the riders will stand in front of the podium (not on podium).

2. Each rider will be acknowledged by name and representing centre.
3. Riders receive their medal (and Trophy if applicable)
4. Rider step onto podium.
5. Once the 1st place has been presented a photo will be taken.
6. Riders leave the podium and return to the waiting area lead by officials.
7. Riders are required to leave their medal on until they return to the waiting area.
8. **All trophies presented are to be returned to Event Organisers before the end of the session.**

18. HEALTH AND SAFETY

The event has a Health and Safety plan which has taken into consideration the health and safety of the riders, team officials, volunteers, spectators and staff. Health and Safety is the responsibility of all those attending. If you have any concerns or identify any hazards please contact the Events Director.

19. RULES AND REGULATIONS

Racing will be conducted under [UCI regulations](#) and [Cycling New Zealand Road & Track racing rules](#).

The UCI scale of penalties will apply. Any fines issued will be invoiced to the club after the event.

Riders must wear their approved Club Colours – skinsuit/jerseys and shorts. Shorts may display sponsors that are detailed on the rider's racing licence. Riders may ride in their Centre Colours if they wish, provided they have clearance from their club to do so.

A start may be refused for any incorrectly attired rider.

If you have any queries over this matter, please contact: events@cyclingnewzealand.nz

20. CHANGE FORMS

All Changes must be completed on the Change Request Form, as detailed below, and submitted to the Commissaires Secretary. Additional change forms will be available at the Race Office. Where applicable, a medical certificate should accompany the form.

Change Request Form

Team:

Date & Time:

Rider(s) No.	Rider(s) Name	Event Name & No.	Request: Eg. Scratching, addition, reserve, team confirmation etc	Office Use Only

Team:

Date & Time:

Rider(s) No.	Rider(s) Name	Event Name & No.	Request: Eg. Scratching, addition, reserve, team confirmation etc	Office Use Only

Team:

Date & Time:

Rider(s) No.	Rider(s) Name	Event Name & No.	Request: Eg. Scratching, addition, reserve, team confirmation etc	Office Use Only