



# TRACK NATIONAL CHAMPIONSHIPS

1 - 5 MARCH 2023

**SPECTATOR PROGRAMME**

**SIT ZERO FEES VELODROME- INVERCARGILL**



# WELCOME

EVENT ORGANISERS

CYCLING NEW  
ZEALAND

## Welcome to the 2023 Track National Championships in Invercargill from 1 - 5 March.

As the world continues to grapple with the global pandemic that is Covid-19, where sporting events continue to either be postponed or cancelled, we continue to be very fortunate with our ability to host high quality events here in New Zealand.

The Track National Championships are a showcase of our top cycling talent at elite level and coming through our development pathways.

For those in the stands or streaming on the Cycling New Zealand Facebook page, we hope you enjoy the opportunity to see our world class athletes race for top honours on the Invercargill track.

Many thanks must be extended to the Road and Track Council, Cycling New Zealand Commissaires, Cycling Southland for hosting us and all the volunteers whom without this event would not go ahead. Your continued dedication to our sport is greatly appreciated.

Best of luck to all riders, coaches, commissaires and volunteers!

**SIMON PETERSON**  
CHIEF EXECUTIVE  
CYCLING NEW ZEALAND

## On behalf of the Cycling New Zealand Road, Track and Cyclocross Council, I offer you all a warm welcome to the 2023 Track National Championships, here in Invercargill.

After the last few years that has seen many challenges for travel, gatherings, economies, and holding sporting events, it will be exciting to have another opportunity to see New Zealand's top track cyclists racing for the coveted National Champion jersey on the boards of the SIT Zero Fees Velodrome.

Thanks to the event organisers and to the team of volunteers, officials, and Commissaires, all of whom are giving up their time to ensure the event happens. We are grateful for the support of the people here this weekend and also to the hundreds of volunteers who work tirelessly behind the scene at club events around the country. Volunteers are truly the backbone of cycling in this country.

We wish all the riders the best of luck and a safe and successful competition and to the spectators we hope you enjoy the exciting racing.

**ERIN CRIGLINGTON**  
PRESIDENT  
CYCLING NEW ZEALAND ROAD AND  
TRACK

# EVENT PROFILES

## KEIRIN

The Keirin was created in the 1940s as the Japanese version of the traditional sprint event. It features up to seven riders over 1500m (six laps). A special motorised bike called a Derny paces the riders for the first three laps gradually notching up the speed from 30km/h to 50km/h, during which time the riders jostle for the best position but are unable to overtake or overlap the Derny. With three laps remaining the Derny pulls off to the side of the track and the spectacular and frenetic sprint is on. The first rider across the line is declared the winner.

A points race is a mass start race where sprints for points occur every 10 laps. Points are for first, second, third and fourth each sprint, with double points on the final sprint. Riders win or lose 20 points by gaining or losing a lap. The winner is the rider with the most points accumulated at the finish.

POINTS RACE

## SCRATCH RACE

The scratch race is an endurance event where the first rider across the line wins the race. At the start, half of the field lines up on the rail, while the rest are held on the black line at the bottom of the track. Riders take a neutralised lap to ensure the field is together before the race begins. Riders can attempt to take a lap on the rest of the field.

The individual pursuit (I.P.) is an endurance event and is conducted as a knock-out tournament. The goal is to ride the fastest time over the distance. The fastest two riders in the qualifying round race in the gold medal final and the next two fastest contest the bronze medal final. In qualifying all riders complete the distance to post a time but in the finals if a rider overtakes their opponent they are declared the winner.

I.P.

## TEMPO

Tempo Race: Run over 10km for men and 7.5km for women in championship events, after the first four laps, this bunch race features a sprint on every lap, with the first rider across the line winning one point. The rider accumulating the most points is deemed the winner. Any rider that gains a lap on the main field is awarded 20 points, with any rider that loses a lap on the main field being deducted 20 points.

## ELIMINATION

A spectator favourite, the elimination is a stand alone event as well as also being included in the omnium. The Elimination race is a race in which the last rider across the line (determined by the last back wheel) in the field is eliminated from the competition every second lap until only two riders remain, then sprint for the finish.

Both a tactical and high-speed battle the individual sprint captures the essence of track cycling. Held over three laps, the head-to-head battle will see one rider designated to lead out. The key to success in match-racing is surprising the opponent with sudden and dramatic changes of speed, stand-still attempts and feints in an effort to manoeuvre themselves into the most favourable position before launching into an explosive sprint for the line. The first rider across the line wins the race. From the quarterfinals on, the outcome is decided by a best of three series. Riders obtain a seeding through the qualifying 200m flying time trial and from that stage they race head to head.

## TEAM PURSUIT

One of the pinnacle events on the track schedule, the team pursuit requires a team of four to work in harmony over 4000m to cover the distance in the fastest time. Two teams of four line up on opposite sides of the track with the time taken after the third rider crosses the line. Riders require clockwork precision as they follow each other only a few centimeters apart to gain the maximum aerodynamic advantage from drafting. Qualifying for this event is with each team riding alone on the track against the clock. The fastest eight teams move to the second round. The top qualifier then rides against the 4th fastest, while 2nd fastest rides against the 3rd fastest. The two winners progress to the gold medal final. Meanwhile 5th rides against 8th and 6th against 7th with the fastest two teams, including those of the two losing combinations from the top four rides, will contest the bronze medal ride.

## INDIVIDUAL TIME TRIAL

The time trial is a race against the clock with no room for error. The difference between gold and silver can be as little as a thousandth of a second. The bike is locked in a starting gate and the riders must time their first pedal stroke to match the gate release. From a standing start they must quickly get up to maximum speed and maintain it for the distance.

## TEAM SPRINT

The high-speed three-lap, three-man (two laps, two riders for women) event is one of the most exhilarating on the track cycling programme. Two teams start on opposite sides of the track and at the end of each lap, the lead rider pulls off completely leaving the next rider to take the pace. The first rider starts out of the gate, and the other rider(s) are held in standing starts. The starting rider completes one lap before peeling off. The second rider then takes up the pace to complete the second lap and in the case of the men's event, the third rider rides three laps. The team which records the fastest time is declared the winner. Qualifying for this event is with each team riding alone on the track against the clock. The fastest two teams will ride off for the gold medal in the final, while the 3rd and 4th fastest ride off for the bronze medal.



# COMPETITORS LIST

## ELITE MEN

## ELITE WOMEN

1	Amelia	Sykes
2	Samantha	Walker
3	Belle	Judd
4	Charlotte	Paddon
5	Olivia	Milne
6	Nicole	Marshall
7	Jessica	Spencer
8	Geertien	Venter
9	Alana	Breen
10	Ciara	Kelly
11	Michaela	Kerr
12	Eleanor	Pepperell
13	Bella	Uivel
14	Shaane	Fulton
15	Mya	Anderson
16	Sophie	De Vries
17	Jes	Schuler

## JUNIOR WOMEN

51	Georgia	Simpson
52	Meghan	Baker
53	Kirsty	Watts
54	Mya	Wolfenden
55	Jodie	Blackwood
56	Elena	Worrall
57	Ruby	Bath
58	Lucy	Mchutchon
59	Kate	Russell
60	Caitlin	Kelly
61	Mikayla	Perry
62	Molly	Hayes

21	Sam	Dakin
22	Dylan	Day
23	Michiel	van Heyningen
24	Luke	Blackwood
25	Edward	Pawson
26	Christian	Rush
27	Callum	Saunders
28	Hunter	Gough
29	Sam	Ritchie
30	Morgan	Borrie
31	Sebastian	Lipp
32	Blair	Ruthless Barnes-Page
33	Hayden	Strong
34	Ronan	Shearing
35	Charlie	Tinoai
36	Bryant	Booth
37	Jared	Mann
38	Russell	Pepperell
39	Daniel	Shepherd
40	Nick	Warren
41	Chris	Watts
42	Liam	Cavanagh
43	Patrick	Clancy
44	Ewan	Cousins
45	Matt	Davis
46	Lewis	Johnston
47	Jaxson	Russell
48	Oliver	Watson-Palmer
49	Reuben	Webster
50	Kaio	Lart

## JUNIOR MEN

65	Wilson	Hannon
66	Finn	Aldridge
67	Matthew	Davidson
68	Charlie	Hegan
69	George	Lawry
70	Callum	McGrail
71	Wolf	Pene
72	Luca	Sanders
73	Lucas	Bhimy
74	Jack	Gerken
75	Felix	Malpass
76	Austin	Norwell
77	Bernard	Pawson
78	Ed	Sims
79	Zane	Wyllie
80	James	Gardner
81	Marshall	Erwood
82	Magnus	Jamieson
83	Tom	Kerr
84	Jesse	Willis
85	Conrad	Clark
86	Liam	Ramsey
87	Alex	Foden
88	Hamish	Banks
89	Jack	Eva
90	Kane	Foster
91	Ryan	Hansen
92	Luka	Moran
93	Maui	Morrison

## PARA CYCLING

191	Ieuan	Edwards
192	Cameron	Davies
193	Connor	Douglas
194	Ben	Westenberg
195	Elizabeth	Gasson

## U17 GIRLS

101	Minnie	Collins
102	Pyper	Newton
103	Eliana	Beale
104	Sophie	Maxwell
105	Shaylah	Sayers
106	Amelea	Scott
107	Jesse	Thomson
108	Immie	Lamont
109	Nina	Worrall
110	Riley	Faulkner
111	Sarah	Hartstonge
112	Poppy	McIvor
113	Emily	Forsyth
114	Lucy	Griffin
115	Zadie	Scott
116	Millie	Donald
117	Hannah	Paine
118	Piper	Russell
119	Mikaela	Macdonald

## U15 GIRLS

151	Alexa (Lexi)	Newton
152	Emma	Crawford
153	Violetta	Dacre
154	Aimee	Free
155	Lily	Keast
156	Sophie	Best
157	Eliza	McKenzie
158	Taylor	Brown
159	Kendra	Gray

## U17 BOYS

<b>121</b>	Joshua	Hannon
<b>122</b>	Benjamin	Murphy
<b>123</b>	Leighton	Riley
<b>124</b>	Zachery	Woollett
<b>125</b>	Daniel	Bell
<b>126</b>	Oliver	Clark
<b>127</b>	Ben	Crawford
<b>128</b>	Andre	Free
<b>129</b>	Josh	Parsons
<b>130</b>	Luke	Street
<b>131</b>	Hunter	Ballard
<b>132</b>	Jamie	Cantell-Roberts
<b>133</b>	Yongxi Jade	Cui
<b>134</b>	Hunter	Dalton
<b>135</b>	David	Kwon
<b>136</b>	Samuel	Spath
<b>137</b>	Robert	Turnbull
<b>138</b>	Jesse	Johnston
<b>139</b>	Jack	Madden
<b>140</b>	Jonathan	Blyth
<b>141</b>	Finn	Edwards
<b>142</b>	Lachlan	Kelly
<b>143</b>	Hamish	Wallace
<b>144</b>	Charlie	White
<b>145</b>	Robert	McGuigan
<b>146</b>	Stirling	Jarnell
<b>147</b>	Kyle	Paris
<b>148</b>	Alex	Schuler

## U15 BOYS

<b>161</b>	Amos	Beale
<b>162</b>	George	Clark
<b>163</b>	Riley	Crampton
<b>164</b>	Frankie	Revell
<b>165</b>	Sean	Threadgall
<b>166</b>	Alex	Botha
<b>167</b>	Remi	Dalton
<b>168</b>	Sean	Bell
<b>169</b>	Alex	Borrie
<b>170</b>	Benson	Boys
<b>171</b>	Rory	Forde
<b>172</b>	Noah	Hare
<b>173</b>	Oliver	Keast
<b>174</b>	Oskar	Mclvor
<b>175</b>	Cooper	Robertson
<b>176</b>	Benjie	Shayler
<b>177</b>	Oliver	Zwies
<b>178</b>	Arley	McLaren
<b>179</b>	Angus	Warren
<b>180</b>	Jamie	Henderson
<b>181</b>	Carter	Paine
<b>182</b>	Dylan	Rowe

# RIDER BIOS

Have a read through some rider bios for just a few of the top names who will be racing at this event!

## PARA CYCLING ELITE MEN & WOMEN



### ELIZABETH GASSON

**Coach:** Steve Bale

**From:** I was born in Utah, USA and now live in Wellington!

**Classification:** C2/C3

**Impairment (Disability):** Multiple Sclerosis, Ataxia and Hypertonia.

**Favourite Event:** Both Road and Track!

**Best Results:** Every time I get on the bike is a win for me. I was told a long time ago that I would be in a wheelchair for the rest of my life... I proved them wrong! Plus Paddy (Liz's beautiful service dog), can't forget him!



### BEN WESTENBERG

**Coach:** Jono Hailstone

**From:** Tauranga

**Classification:** Men's C5

**Impairment (Disability):** Arthrogryposis affecting strength and movement in both upper limbs

**Favourite Event:** My favorite events are the 4k IP and the points race. I like the IP because it's measurable and it's easy to track your progression, and the points race as it is a mixture of tactics, endurance and sprinting.

**Best Results:** My career highlight so far is competing at Oceania's in 2022. It was cool to race with Para riders from Australia and come away with a silver in the IP.



# ELITE WOMEN



## SHAANE FULTON

**From:** I grew up in Nelson, and I've been based in Cambridge since 2019.

**Discipline:** Track Sprint

**Favourite Event:** I can never answer this question, I just love track racing, I think it's a form of art.

**Best results:** - 2021 National Sprint, 500m & Kerin Champion.  
- Former NZ Record holder in the 500m TT & Team sprint.



## AMELIA SYKES

**From:** Christchurch

**Discipline:** Endurance

**Favourite Event:** My all time favourite event, definitely has to be the individual pursuit. It is one of my main events where I just get to go as hard as I can, for as long as I can. Along with that there is a lot of thought that goes into a pursuit, such as pacing, and when to really accelerate. It keeps you on the edge of your seat when you reach the final lap and tests your limits.

**Best Results:** 5th Junior World Championships Individual Pursuit 2022, 1st New Zealand U19 National Time-Trial Champion 2022, 1st New Zealand U19 National Points Race Champion 2022

# ELITE MEN



## SAM DAKIN

**From:** Auckland!

**Discipline:** Sprint cycling. Too big for the long stuff. Why win a medal in 6 hours when you can do it in 40 seconds ;)

**Favourite Event:** It used to be the keirin but now I'm in a love affair with both it and the keirin. Both have their unique features. Keirin is so hectic and aggressive which I love. The sprint is then just so raw and man v man which is also epic!

**Best Results:** Commonwealth games bronze medal and Nation's Cup Colombia 2022 Keirin Bronze



## EDWARD PAWSON

**From:** I'm Auckland, New Zealand, and got my start in cycling on the track at the outdoor Manakau velodrome here.

**Discipline:** I race both Track endurance events and Road events, heading to France in early April to race on the road for a division one team Philippe-Wagner Cycling.

**Favourite Event:** Has to be the Madison, a mix of team work, super tactical racing, and just pure speed makes such a blast!

**Best Results:** Best results would be:

3rd Jr Worlds TP 2022 (u19)

1st Oceania Madison Champs 2022 (u19)

3rd Elite Nz Madison Nationals 2023 (Elite)

2nd Oceania Points Race Champs 2022 (u19)



## JOEL DOUGLAS

**From:** Auckland

**Discipline:** Track Endurance

**Favourite Event:** Omnium, I like how you have an entire day and more than one event to get results. It's the best rider across the four events that end up winning.

**Best Results:** Junior Oceania Omnium Champion, Junior Oceania Madison Champion, Junior World Championships Team Pursuit Bronze

# EVENT PROGRAMME

## WEDNESDAY 1 MARCH AT 9AM – SESSION ONE

Event	Programme	Details
	Warm up	
W	Under 17 Girls 2000m Individual Pursuit Qualifying	<i>Fastest 4 to Finals</i>
M	Under 17 Boys 2000m Individual Pursuit Qualifying	<i>Fastest 4 to Finals</i>
W	Under 15 Girls Elimination	<i>Final</i>
M	Under 15 Boys Elimination	<i>Final</i>
W	Under 17 Girls Elimination	<i>Final</i>
M	Under 17 Boys Elimination	<i>Final</i>
Awards Presentation x 4		

## WEDNESDAY 1 MARCH AT 5PM – SESSION TWO

Event	Programme	Details
	Warm up	
W	Under 17 Girls 2000m Individual Pursuit Final	<i>Fastest 2 racing for Gold, &amp; 3rd and 4th racing for Bronze</i>
M	Under 17 Boys 2000m Individual Pursuit Final	<i>Fastest 2 racing for Gold, &amp; 3rd and 4th racing for Bronze</i>
W	Under 15 Girls 500m Time Trial Final	<i>Final</i>
M	Under 15 Boys 500m Time Trial Final	<i>Final</i>
Awards Presentation x4		
W	Women Elite (WE) 500m Time Trial Final	<i>Final</i>
W	Women U19 (WJ) 500m Time Trial Final	<i>Final</i>
M	Men Elite (ME) 1000m Time Trial Final	<i>Final</i>
M	Men U19 (MJ) 1000m Time Trial Final	<i>Final</i>
Awards Presentation x4		
W	Women Elite (WE) Scratch Race Final 10 km	<i>Final</i>
M	Men Elite (ME) Scratch Race Final 15 km	<i>Final</i>
Awards Presentation x2		

## THURSDAY 2 MARCH AT 9AM – SESSION THREE

Event	Programme	Details
	Warm up	
<b>W</b>	Under 17 Girls Sprint Qualifying	<i>Fastest 16 to 1st Round (1/8 Finals)</i>
<b>W</b>	Women U19 (WJ) 2000m Individual Pursuit Qualifying	<i>Fastest 4 to Finals</i>
<b>W</b>	Women Elite (WE) 3000m Individual Pursuit Qualifying	<i>Fastest 4 to finals</i>
<b>W</b>	Under 17 Girls Sprint 1st Round (1/8 Finals)	<i>Winners to 1/4 final</i>
<b>W</b>	Under 15 Girls Derby First Round	<i>Heats</i>
<b>M</b>	Under 15 Boys Derby First Round	<i>Heats</i>
<b>W</b>	Under 17 Girls Sprint Quarter (1/4) Finals (1st Ride)	<i>Winners to Semi-finals</i>
<b>W</b>	Under 15 Girls Derby Semi Final	<i>Heats</i>
<b>W</b>	Under 17 Girls Sprint Quarter (1/4) Finals (2nd Ride)	<i>Winners to Semi-finals</i>
<b>M</b>	Under 15 Boys Derby Semi Final	<i>Heats</i>
<b>W</b>	Under 17 Girls Sprint Quarter (1/4) Finals (3rd Ride)	<i>Winners to Semi-finals</i>
<b>W</b>	Under 17 Girls Points Race Heats 5000m	<i>(3 Sprints) - Heats</i>
<b>M</b>	Under 17 Boys Points Race Heats 5000m	<i>(3 Sprints) - Heats</i>



## THURSDAY 2 MARCH AT 5PM – SESSION FOUR

Event	Programme	Details
	Warm up	
<b>W</b>	Under 17 Girls Sprint Semi Finals (1st ride)	<i>Winners race for the gold &amp; silver medals and losers race for the bronze medal.</i>
<b>W</b>	Women U19 (WJ) 2000m Individual Pursuit Final	<i>Final (3rd &amp; 4th, 1st &amp; 2nd)</i>
<b>W</b>	Under 17 Girls Sprint Semi Finals (2nd ride)	
<b>W</b>	Women Elite (WE) 3000m Individual Pursuit Final	<i>Final (3rd &amp; 4th, 1st &amp; 2nd)</i>
<b>W</b>	Women Elite (WE) 3000m Individual Pursuit Final	
<b>W</b>	Under 17 Girls Sprint Semi Finals (3rd ride if necessary)	
<b>W</b>	Women Para-Cycling C1 - 5 500m Time Trial Final	<i>Final</i>
<b>M</b>	Men Para-Cycling C1 - 5 1000m Time Trial Final	<i>Final</i>
<b>W</b>	Women Para-Cycling Tandem B 1000m Time Trial Final	<i>Final</i>
<b>M</b>	Men Para-Cycling Tandem B 1000m Time Trial Final	<i>Final</i>
<b>Awards Presentation x 6</b>		
<b>W</b>	Under 17 Girls Sprint Final (1st Ride)	
<b>W</b>	Under 15 Girls Derby Final	
<b>W</b>	Under 17 Girls Sprint Final (2nd Ride)	<i>Final</i>
<b>M</b>	Under 15 Boys Derby Final	
<b>W</b>	Under 17 Girls Sprint Final (3rd ride if necessary)	<i>Final</i>
<b>Awards Presentation x 3</b>		
<b>W</b>	Under 17 Girls Points Race Final 7500m	<i>(4 Sprints)</i>
<b>M</b>	Under 17 Boys Points Race Final 10000m	<i>(4 Sprints)</i>
<b>Awards Presentation x 2</b>		
<b>W</b>	Women Elite (WE) Elimination	<i>Final</i>
<b>Awards Presentation x 2</b>		

## FRIDAY 3 MARCH AT 9 AM – SESSION FIVE

Event	Programme	Details
	Warm up	
M	Under 17 Boys Sprint Qualifying	<i>Fastest 16 to 1st Round (1/8 Finals)</i>
W	Women Elite (WE) Sprint Qualifying	<i>Fastest 16 to 1st Round (1/8 Finals)</i>
M	Men Elite (ME) Sprint Qualifying	<i>Fastest 16 to 1st Round (1/8 Finals)</i>
W	Women Para-Cycling C1 - 5 3000m Individual Pursuit Qualifying	<i>Fastest 4 to Finals</i>
M	Men Para-Cycling C1 - 3 3000m Individual Pursuit Qualifying	<i>Fastest 4 to Finals</i>
M	Men Para-Cycling C4 - 5 4000m Individual Pursuit Qualifying	<i>Fastest 4 to Finals</i>
W	Women Para-Cycling Tandem B 3000m Individual Pursuit Qual.	<i>Fastest to Finals</i>
M	Men Para-Cycling Tandem B 3000m Individual Pursuit Qual.	<i>Fastest to Finals</i>
M	Under 17 Boys Sprint 1st Round (1/8 Finals)	<i>Winners to 1/4 final</i>
W	Women Elite (WE) Sprint 1st Round (1/8 Finals)	<i>Winners to 1/4 final</i>
M	Men Elite (ME) Sprint 1st Round (1/8 Finals)	<i>Winners to 1/4 final</i>
W	Women U19 (WJ) Keirin 1st Round	<i>Non Qualifiers to 1st round repechage</i>
M	Men U19 (MJ) Keirin 1st Round	<i>Non Qualifiers to 1st round repechage</i>
M	Under 17 Boys Sprint Quarter (1/4) Finals (1st Ride)	<i>Winners to Semi-finals</i>
W	Women Elite (WE) Sprint Quarter (1/4) Finals (1st Ride)	<i>Winners to Semi-finals</i>
M	Men Elite (ME) Sprint Quarter (1/4) Finals (1st Ride)	<i>Winners to Semi-finals</i>
W	Women U19 (WJ) Keirin 1st Round Repechages	
M	Men U19 (MJ) Keirin 1st Round Repechages	<i>Top 3 into semi final</i>
M	Under 17 Boys Sprint Quarter (1/4) Finals (2nd Ride)	<i>Winners to Semi-finals</i>
W	Women Elite (WE) Sprint Quarter (1/4) Finals (2nd Ride)	<i>Winners to Semi-finals</i>
M	Men Elite (ME) Sprint Quarter (1/4) Finals (2nd Ride)	<i>Winners to Semi-finals</i>
W	Women U19 (WJ) Points Race Heats 7.5 km	<i>Heats</i>
	3rd Ride Sprint Quarter (1/4) Finals If required	
M	Men U19 (MJ) Scratch Race Heats 7.5km	<i>Heats</i>
W	Under 15 Girls Points Race Heats 4000m	<i>Heats</i>
M	Under 15 Boys Points Race Heats 4000m	<i>Heats</i>
W	Under 17 Girls Scratch Race Heats (3k)	<i>Heats</i>
M	Under 17 Boys Scratch Race Heats (5k)	<i>Heats</i>



# FRIDAY 3 MARCH AT 5PM – SESSION SIX

Event	Programme	Details
	Warm up	
M	Under 17 Boys Sprint Semi-finals (1st ride)	Winners race for Gold. Losers race for Bronze.
W	Women Elite (WE) Sprint Semi-finals (1st ride)	Winners race for Gold. Losers race for Bronze.
M	Men Elite (ME) Sprint Semi-finals (1st ride)	Winners race for Gold. Losers race for Bronze.
W	Women U19 (WJ) Keirin Semi Final	Top 3 in final 1-6, 4th to 6th in final 7-12
M	Under 17 Boys Sprint Semi-finals (2nd ride)	Final (3rd & 4th, 1st & 2nd)
W	Women Elite (WE) Sprint Semi-finals (2nd ride)	Final (3rd & 4th, 1st & 2nd)
M	Men Elite (ME) Sprint Semi-finals (2nd ride)	Final (3rd & 4th, 1st & 2nd)
M	Men U19 (MJ) Keirin Semi Final	Top 3 in final 1-6, 4th to 6th in final 7-12
M	3rd ride Sprint Semi-final (if required)	
W	Under 15 Girls 7.5k Points Race Final	4 sprints
M	Under 15 Boys 7.5k Points Race Final	4 sprints
W	Women Para-Cycling C1 - 5 3000m Individual Pursuit Final	Final (3rd & 4th, 1st & 2nd)
M	Men Para-Cycling C1 - 3 3000m Individual Pursuit Final	Final (3rd & 4th, 1st & 2nd)
M	Men Para-Cycling C4 - 5 4000m Individual Pursuit Final	Final (3rd & 4th, 1st & 2nd)
W	Women Para-Cycling Tandem B 3000m Individual Pursuit Final	Final (3rd & 4th, 1st & 2nd)
M	Men Para-Cycling Tandem B 4000m Individual Pursuit Final	Final (3rd & 4th, 1st & 2nd)
<b>Awards Presentation x 6 (Para Pursuits)</b>		
M	Under 17 Boys Sprint Final (1st ride)	Final
W	Women Elite (WE) Sprint Final (1st ride)	Final
M	Men Elite (ME) Sprint Final (1st ride)	Final
W	Women U19 (WJ) Keirin Finals	7-12 Final & 1-6 Final
M	Men U19 (MJ) Keirin Finals	7-12 Final & 1-6 Final
M	Under 17 Boys Sprint Final (2nd ride)	
W	Women Elite (WE) Sprint Final (2nd ride)	Final
M	Men Elite (ME) Sprint Final (2nd ride)	Final
M	3rd ride Sprint Final (if required)	
<b>Awards Presentation x 5</b>		
W	Under 17 Girls Scratch Race Final 5000m	Final
M	Under 17 Boys Scratch Race Final 7500m	Final
<b>Awards Presentation x 2</b>		
M	Men U19 (MJ) Scratch Race Final 10 km	Final
W	Women U19 (WJ) Points Race Final 15 km	Final
<b>Awards Presentation x 2</b>		

## SATURDAY 4 MARCH AT 9 AM– SESSION SEVEN

Event	Programme	Details
	Warm up	
<b>W</b>	Women U19 (WJ) Sprint Qualifying	<i>Fastest 16 to 1st Round (1/8 Finals)</i>
<b>M</b>	Men U19 (MJ) Sprint Qualifying	<i>Fastest 16 to 1st Round (1/8 Finals)</i>
<b>M</b>	Men U19 (MJ) 3000m Individual Pursuit Qualifying	<i>Fastest 4 to finals</i>
<b>M</b>	Men Elite (ME) 4000m Individual Pursuit Qualifying	<i>Fastest 4 to finals</i>
<b>W</b>	Women U19 (WJ) Sprint 1st Round 1/8	<i>Winners to Quarterfinals</i>
<b>M</b>	Men U19 (MJ) Sprint 1st Round 1/8	<i>Winners to Quarterfinals</i>
<b>W</b>	Women U19 (WJ) Sprint Quarter (1/4) Finals (1st ride)	<i>Unqualified to Repechage</i>
<b>M</b>	Men U19 (MJ) Sprint Quarter (1/4) Finals (1st ride)	<i>Unqualified to Repechage</i>
<b>W</b>	Women Elite (WE) Keirin 1st Round	<i>Heats</i>
<b>M</b>	Men Elite (ME) Keirin 1st Round	<i>Heats</i>
<b>W</b>	Women Elite (WE) Keirin 1st Round Repechages	<i>Heats</i>
<b>M</b>	Men Elite (ME) Keirin 1st Round Repechages	<i>Heats</i>
<b>W</b>	Women U19 (WJ) Sprint Quarter (1/4) Finals (2nd ride)	<i>Winners to Semi-finals</i>
<b>M</b>	Men U19 (MJ) Sprint Quarter (1/4) Finals (2nd ride)	<i>Winners to Semi-finals</i>
<b>M</b>	Men U19 (MJ) Points Race Heats 10 km	<i>Heats</i>
	3rd ride Sprint Quarter final (if required)	
<b>W</b>	Women U19 (WJ) Scratch Race Heats 5km	<i>Heats</i>
<b>W</b>	Under 15 Girls Scratch Race Heats 2000m	<i>Heats</i>
<b>M</b>	Under 15 Boys Scratch Race Heats 2000m	<i>Heats</i>



## SATURDAY 4 MARCH AT 5 PM – SESSION EIGHT

Event	Programme	Details
	Warm up	
W	Under 17 Girls 500m Time Trial Final	<i>Final</i>
M	Under 17 Boys 500m Time Trial Final	<i>Final</i>
W	Women U19 (WJ) Sprint Semi-final (1st ride)	<i>Winners race for Gold. Losers race for Bronze.</i>
M	Men U19 (MJ) Sprint Semi-final (1st ride)	<i>Winners race for Gold. Losers race for Bronze.</i>
M	Men Elite (ME) 4000m Individual Pursuit Final	<i>Final (3rd &amp; 4th, 1st &amp; 2nd)</i>
W	Women U19 (WJ) Sprint Semi-final (2nd ride)	
M	Men U19 (MJ) Sprint Semi-final (2nd ride)	
M	Men U19 (MJ) 3000m Individual Pursuit Final	<i>Final (3rd &amp; 4th, 1st &amp; 2nd)</i>
	3rd ride Sprint Semi-final (if required)	
<b>Awards Presentation x 4</b>		
W	Women Elite (WE) Keirin Semi Finals	
M	Men Elite (ME) Keirin Semi Finals	
W	Under 15 Girls Scratch Race Final 3000m	
M	Under 15 Boys Scratch Race Final 3000m	
W	Women Elite (WE) Keirin Final	<i>7-12 Final &amp; 1-6 Final</i>
M	Men Elite (ME) Keirin Final	<i>7-12 Final &amp; 1-6 Final</i>
W	Under 17 Girls Madison Final (7.5k)	<i>4 sprints</i>
M	Under 17 Boys Madison Final (10k)	<i>4 sprints</i>
<b>Awards Presentation x 4</b>		
W	Women U19 (WJ) Sprint Final (1st ride)	
M	Men U19 (MJ) Sprint Final (1st ride)	
M	Men Elite (ME) Elimination	
W	Women U19 (WJ) Sprint Final (2nd ride)	
M	Men U19 (MJ) Sprint Final (2nd ride)	
	3rd ride Sprint Final (if required)	
<b>Awards Presentation x 2</b>		
W	Women U19 (WJ) Scratch Race Final 7.5 km	<i>Final</i>
M	Men U19 (MJ) Men Points Race Final 20 km	<i>Final</i>
<b>Awards Presentation x 2</b>		

## SUNDAY 5 MARCH AT 9 AM – SESSION NINE

Event	Programme	Details
	Warm up	
<b>W</b>	Under 17 Girls 3000m Team Pursuit Qualifying	<i>Fastest 4 to finals</i>
<b>M</b>	Under 17 Boys 3000m Team Pursuit Qualifying	<i>Fastest 4 to finals</i>
<b>W</b>	Under 15 Girls 500m Team Sprint Qualifying (2 riders only)	<i>Fastest 4 to finals</i>
<b>M</b>	Under 15 Boys 500m Team Sprint Qualifying (2 riders only)	<i>Fastest 4 to finals</i>
<b>W</b>	Under 17 Girls 500m Team Sprint Qualifying (2 riders only)	<i>Fastest 4 to finals</i>
<b>M</b>	Under 17 Boys 500m Team Sprint Qualifying (2 riders only)	<i>Fastest 4 to finals</i>
<b>W</b>	Women Elite (WE) & U19 (WJ) Team Pursuit Qualifying	<i>Fastest 4 to finals</i>
<b>M</b>	Men Elite (ME) & U19 (MJ) Team Pursuit Qualifying	<i>Fastest 4 to finals</i>
<b>W</b>	Women U19 (WJ) 750m Team Sprint Qualifying	<i>Fastest 4 to finals</i>
<b>W</b>	Women Elite (WE) Team Sprint Qualifying	<i>Fastest 4 to finals</i>
<b>M</b>	Men U19 (MJ) Team Sprint Qualifying	<i>Fastest 4 to finals</i>
<b>M</b>	Men Elite (ME) Team Sprint Qualifying	<i>Fastest 4 to finals</i>
	Points Race Heats if required	<i>Heats</i>
	Elimination Heats if required	<i>Heats</i>

## SUNDAY 5 MARCH AT 5 PM – SESSION TEN

Event	Programme	Details
	Warm up	
W	Under 17 Girls 3000m Team Pursuit Final	<i>Final (3rd &amp; 4th, 1st &amp; 2nd)</i>
M	Under 17 Boys 3000m Team Pursuit Final	<i>Final (3rd &amp; 4th, 1st &amp; 2nd)</i>
W	Women Elite (WE) & U19 (WJ) 4000m Team Pursuit Final	<i>Final (3rd &amp; 4th, 1st &amp; 2nd)</i>
M	Men Elite (ME) & U19 (MJ) 4000m Team Pursuit Final	<i>Final (3rd &amp; 4th, 1st &amp; 2nd)</i>
<b>Awards Ceremony x 2</b>		
W	Under 15 Girls 500m Team Sprint Final (2 riders only)	<i>Final (3rd &amp; 4th, 1st &amp; 2nd)</i>
M	Under 15 Boys 500m Team Sprint Final (2 riders only)	<i>Final (3rd &amp; 4th, 1st &amp; 2nd)</i>
W	Under 17 Girls 500m Team Sprint Final (2 riders only)	<i>Final (3rd &amp; 4th, 1st &amp; 2nd)</i>
M	Under 17 Boys 500m Team Sprint Final (2 riders only)	<i>Final (3rd &amp; 4th, 1st &amp; 2nd)</i>
<b>Awards Presentations</b>		
W	Women U19 (WJ) 750m Team Sprint Final	<i>Final (3rd &amp; 4th, 1st &amp; 2nd)</i>
M	Men U19 (MJ) 750m Team Sprint Final	<i>Final (3rd &amp; 4th, 1st &amp; 2nd)</i>
M	Men Elite (ME) 750m Team Sprint Final	<i>Final (3rd &amp; 4th, 1st &amp; 2nd)</i>
<b>Awards Ceremony x 4</b>		
W	Women U19 (WJ) Elimination	Final
M	Men U19 (MJ) Elimination	Final
W	Women Elite (WE) Points Race Final 20 km	Final
<b>Awards Ceremony x 3</b>		
M	Men Elite (ME) Points Race Final 30 km	Final
<b>Awards Ceremony x 1 &amp; Trophies</b>		