

Cycling New Zealand guidelines for resumption of cycling events and organised cycling activity

As at 27/01/2022

For the full government Covid Protection guidelines please see [here](#). For the full Sport NZ guidelines including more resources please see [here](#).

General Principles	RED		ORANGE		GREEN	
	Red is designed to protect at-risk people and the health system from an unsustainable number of hospitalisations.		Orange is designed to reduce increasing community transmission that is putting pressure on the public health system and at-risk people.		Green is designed to minimise the cases of COVID-19 community transmission	
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GATHERING If your activity is regular and you all belong to the same group/club and you generally know all those taking part. e.g. a regular club ride where you are likely to know everyone. There is no registration, you just turn up, and it doesn't attract any spectators or unknown participants.	Up to 100 attendees in a defined space* Face masks are REQUIRED for all (riders, workers, contractors, spectators etc) at all times (excluding when riding your bike during the race)	Up to 25 attendees in a defined space* Face masks are REQUIRED for all (riders, workers, contractors, spectators etc) at all times (excluding when riding your bike during the race).	Open, no limits Face coverings are recommended for all who are attending and for participants when not racing. Especially when in close contact with others.	Up to 50 attendees in a defined space* Face coverings are recommended for all who are attending and for participants when not racing. Especially when in close contact with others.	Open, no limits Face coverings are encouraged for all who are attending and for participants when not racing. Especially when in close contact with others.	Up to 100 attendees in a defined space* Face coverings are encouraged for all who are attending and for participants when not racing. Especially when in close contact with others.
EVENTS – CONTROLLED AND UNCONTROLLED, INSIDE AND OUTSIDE Where a specific organised activity is being undertaken under a formal entity, entry is controlled by ticketing or registration and you are likely not to know everyone. e.g: An open or inter club event where you require those attending to register. You are expecting riders from outside your club, you have volunteers, official's and are expecting spectators. You can have controlled and uncontrolled events.	Up to 100 attendees in a defined space* Face masks are REQUIRED for all (riders, workers, contractors, spectators etc) at all times (excluding when riding your bike during the race)	Not permitted	Open, no limits Face coverings are recommended for all who are attending and for participants when not racing. Especially when in close contact with others.	Up to 50 attendees in a defined space* Face coverings are recommended for all who are attending and for participants when not racing. Especially when in close contact with others.	Open, no limits Face coverings are encouraged for all who are attending and for participants when not racing. Especially when in close contact with others.	Up to 100 attendees (in a defined space* Face coverings are encouraged for all who are attending and for participants when not racing. Especially when in close contact with others.
NATIONAL CHAMPIONSHIPS All Cycling New Zealand National Championships will run as "My Vaccine Pass" events.	Up to 100 attendees in a defined space* Face masks are REQUIRED for all (riders, workers, contractors, spectators etc) at all times (excluding when riding your bike during the race)	Not permitted	Open, no limits Face coverings are recommended for participants when not racing and for all others at all times but especially when in contact with others.	Not permitted	Open, no limits Face coverings are encouraged for participants when not racing and for all others at all times but especially when in contact with others.	Not permitted

SCHOOL SPORT NZ SANCTIONED EVENTS All Sanctioned Schools events will run as “My Vaccine Pass” events.	Up to 100 attendees in a defined space* Face masks are REQUIRED for all (riders, workers, contractors, spectators etc) at all times (excluding when riding your bike during the race)	Not permitted	Open, no limits Face coverings are recommended for participants when not racing and for all others at all times but especially when in contact with others.	Not permitted	Open, no limits Face coverings are encouraged for participants when not racing and for all others at all times but especially when in contact with others.	Not permitted
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These are guidelines based on the government advice at this time and are subject to change. These are provided to assist clubs and organisers to make decisions on how ~~and if~~ to return to cycling activity. Cycling New Zealand recognise that these guidelines are likely to change and clubs should ensure they understand their duty of care and the intent of the framework in their planning process.

** What is a “Defined Space”? A defined space is a single indoor or outdoor space separated from other spaces. If your venue has multiple defined spaces, you should make sure as much as possible that groups do not mix. When considering the maximums permitted in each defined space, you need to allow 1m² of space per person. These measures will limit the potential for the virus to spread among groups.*

What this looks like in practice may vary. For example, it could mean making sure you have separate entrances for shared areas, or stagger start times. It might also mean you make sure that groups use different bathrooms or service counters, and that they do not mingle in entrance ways and foyers.

Capacity limits are based on the maximum number of people who could occupy the space if each person was 1 metre apart. In some cases a maximum number is also specified. The limits include everyone, including children, in a defined space, except workers.