

APPENDIX 6 - INTERNATIONAL TIME STANDARDS 2021

The time standards are update annually following World Championships for U19 & Elite, whilst European Championships for U23 and National Championships for U19 are used to compile the time standards. The objective is to understand what the world is doing and how we are progressing against that.

	Under 17 Women			Under 19 Women			Elite Development Women			Elite Women		
	Sprint	Individual Pursuit	Time Trial	Sprint	Individual Pursuit	Time Trial	Sprint	Individual Pursuit	Time Trial	Sprint	Individual Pursuit	Time Trial
World Class	<11.99	<2:28.9	<36.85	<10.88	<2:20.9	<33.98	<10.8	<3:30.5	<33.80	<10.52	<3:21.0	<33.33
International Class	11.99 – 12.17	2:28.9 – 2:31.1	36.85 – 37.40	10.08 – 11.04	2:20.9 – 2:23.0	33.98 – 34.49	10.8 – 10.97	3:30.5 - 3:33.6	33.80 – 34.30	10.52 - 10.68	3:21.0 - 3:24.0	33.33 – 33.83
International Potential	12.17 – 12.35	2:31.1 – 2:33.3	37.40 – 37.95	11.04 – 11.21	2:23.0 – 2:25.1	34.49 – 35.00	10.97 – 11.13	3:33.6 - 3:36.8	34.30 – 34.80	10.68 – 10.83	3:24.0 - 3:27.1	33.83 – 34.33
National	12.35 – 12.71	2:33.3 – 2:37.0	37.95 – 39.05	11.21 – 11.37	2:25.1 – 2:28.6	35.00 – 35.56	11.13 – 11.29	3:36.8 – 3:39.9	34.80 – 35.20	10.83 – 10.99	3:27.1 – 3:30.0	34.33 – 34.83
National Development 1	12.71 – 13.07	2:37.0 – 2:40.0	39.05 – 41.20	11.37 - 11.53	2:28.6 – 2:31.4	35.56 – 36.36	11.29 - 11.45	3:39.9 – 3:43.1	35.20 – 35.60	10.83 - 11.15	3:30.0 – 3:33.0	34.83 – 35.33
National Development 2	>13.07	>2:40.0	>41.20	>11.53	>2:31.4	>36.36	>11.45	>3:43.1	>35.60	>11.15	>3:33.0	>35.33
	Under 17 Men			Under 19 Men			Elite Development Men			Elite Men		
	Sprint	Individual Pursuit	Time Trial	Sprint	Individual Pursuit	Time Trial	Sprint	Individual Pursuit	Time Trial	Sprint	Individual Pursuit	Time Trial
World Class	<11.03	<2:15.8	<33.60	<10.05	<3:12.6	<1:01.3	<9.74	<4:14.1	<1:01.3	<9.50	<4:07.3	<59.6
International Class	11.03 – 11.19	2:15.8 – 2:17.9	33.60 – 34.14	10.05 – 10.20	3:12.6 – 3:15.5	1:01.3 – 1:02.2	9.746 – 9.89	4:14.1 – 4:17.9	1:01.3 – 1:02.3	9.50 – 9.64	4:07.3 – 4:11.0	59.6 – 1:00.5
International Potential	11.19 – 11.35	2:17.9 – 2:19.9	34.14 – 34.64	10.20 – 10.35	3:15.5 – 3:18.4	1:02.2 – 1:03.4	9.89 – 10.03	4:17.9 – 4:21.7	1:02.3 – 1:03.2	9.64 – 9.78	4:11.0 – 4:14.7	1:00.5 – 1:01.3
National	11.35 – 11.68	2:19.9 – 2:23.3	34.64 – 35.65	10.35 – 10.50	3:18.4 – 3:22.2	1:03.2 – 1:04.4	10.03 – 10.18	4:21.7 – 4:25.5	1:03.2 – 1:04.1	9.78 – 9.93	4:14.7 – 4:18.4	1:00.3 – 1:02.2
National Development 1	11.68 – 12.01	2:23.3 – 2:26.0	35.65 – 36.65	10.50 – 10.65	3:22.2 – 3:26.1	1:04.4 – 1:05.6	10.18 – 10.33	4:25.5 – 4:29.3	1:04.1 – 1:05.0	9.93 – 10.07	4:18.4 – 4:22.1	1:02.2 – 1:03.1
National Development 2	>12.01	>2:26.0	>36.65	>10.65	>3:26.1	>1:05.6	>10.33	>4:29.3	>1:05.0	>10.07	>4:22.1	>1:03.1