



**TRACK
NATIONAL
CHAMPIONSHIPS**

2025

TECH GUIDE.

VERSION 4. 14 JAN 2025.

**24 FEB- 1 MARCH 2025.
INVERCARGILL.**

1. WELCOME

On behalf of the Cycling New Zealand Road, Track and Cross Council, I would like to welcome you to the 2025 Track National Championships in Invercargill.

It will be exciting to have another opportunity to see New Zealand's top track cyclists racing for the coveted National Champion jersey on the boards of the SIT Zero Fees Velodrome.

Thanks to the event organisers, Cycling Southland and to the team of volunteers, officials, and our Commissaires, all of whom are giving up their time to ensure the event happens. We are grateful for the support of the people here this week but also to the hundreds of volunteers who work tirelessly behind the scene at club events around the country. Volunteers are truly the backbone of cycling in this country.

We wish all the riders the best of luck and a safe and successful competition and to the spectators

We hope you enjoy exciting racing.

Rachelle Spencer
President, Cycling New Zealand Road, Track & Cyclocross

Welcome to all our riders and supporters here in Invercargill at the 2025 Track National Championships. As the premier event on the track cycling calendar, it's great to have many of our top cyclists representing their teams and clubs, here in Invercargill. I'm sure there will be a lot of support for all riders and their support teams and personnel through the local community that has such a strong and proud cycling heritage.

I would like to thank and acknowledge Cycling Southland, their volunteers and support personnel who are vital to the success of this event. I also want to acknowledge and thank the Commissaires who play a fundamental role in supporting the integrity in our sport – and give their time voluntarily to officiate events throughout the country.

To all of our riders, on behalf of Cycling New Zealand, we wish you all the best for the coming days.



Simon Peterson
Chief Executive
Cycling New Zealand

2. KEY CONTACTS

Events Coordinator	Georgia Crane	027 930 2637	events@cnz.kiwi
Cycling Southland Contact	Glen Thomson	021 455 597	office@cyclingsouthland.org.nz
Chief Commissaire	Mike Sim	027 431 0622	siminatornz@gmail.com
Technical Delegate	Graeme Bell		

Commissaires

Brendan Patterson, Brian Harford, Erin Criglington, Helen McKenzie, Neil Jamieson,
Nicola Stevens, Tracey Miller, Richard Erwood, Stephen Keast & Waine Harding

Partners:



3. ACCREDITATION

Only registered riders and team officials will be permitted into the venue. Accreditation is looking a little different this year. Instead of wrist bands, all team officials such as coaches, managers, mechanics and handlers are required to hold a paper copy your 2025 technical licence, with photo ID.

Once approved at the team managers meeting, you will be provided with a lanyard to attach your licence to. It is the team managers responsibility to ensure that all team officials have their technical licence printed and ready to present.

Lanyards must be worn throughout the entire duration of the event. Please do not remove them as these will be required for entry each session and checked when you sign in.

All team managers must hold a valid 2025 technical licence to be allowed into the infield, no exceptions.

For help with renewing your 2025 licence, please email membership@cnz.kiwi

4. VENUE ACCESS AND PARKING

Training day: entry for accredited riders and team officials only. Entry and exit is through the main reception of the Velodrome only.

Competition days: entry for accredited riders and team officials only. Entry is through the main reception of the Velodrome and through the back tunnel leading into the Velodrome.

The venue will be open 1 hour prior to the event programme commencing each session. The venue will close 30 minutes after the end of the night session. In between sessions you are welcome to remain in the infield however the use of the track is prohibited until the official warm up period begins.

To access the infield, head down the tunnel highlighted in yellow below.

For spectators to access the stands, head around to the main ILT Stadium reception.



Free parking is available in the venue carpark. The venue accepts no liability for any damage to any vehicles parked in or otherwise using the car parking area.

5. RACE OFFICE

The Race Office desk will be located in the infield next to the timing platform. Please see the CNZ event staff team with any questions. You can also email events@cnz.kiwi

6. ELIGIBILITY

All riders must be of NZL nationality as shown on their Cycling New Zealand Licence.

U19 Category is for riders aged between 17 to 18 as at 31 December 2025

U23 Category is for riders aged between 19 to 22 as at 31 December 2025

Elite Category is for riders aged 23 to 34 as at 31 December 2025

Para-Cycling Categories are classified as C1-C5 and Tandem/B grade.

Riders older than 34 can opt to relinquish their Masters status for the entire 2025 licence year and then be eligible to compete in the Elite races. Contact events@cnz.kiwi for further information.

7. RIDER EVENT ENTRY

Individuals will be able to complete their entry through Event Plus. Clubs will each be given a unique entry code which riders will require to allow them to enter the event. The Club will only share the unique code for entry if that rider meets the entry criteria below, and in sharing the code gives their authority for that rider to submit their entry.

Entries will be closed at midnight on **Sunday 9 February 2025**.

Madison Teams;

Riders can choose their own Madison pairings ahead of/at the competition. Teams can be club teams or mixed club teams. All Madison team pairings along with team kit/colour must be confirmed at Confirmation of Starters. This is also when Madison race numbers will be allocated and distributed.

8. LICENCES

Every participant competing in this event needs to hold a **2025** Cycling New Zealand Domestic Annual Licence and their Nationality must state NZL.

We ask everyone in an official role in the event to obtain a Technical or Annual licence to sign up to our terms and conditions. Being a member or licence holder for Cycling New Zealand agrees that you will comply with all rules at the event and enables you to take on these important official roles.

All managers and support crew are to wear their 2025 technical licence on a lanyard for the whole event. It is the team managers responsibility to arrange this for their team and to have to licence ready and printed- Cycling New Zealand will provide you with a lanyard at the mangers meeting. Please ensure that your technical licence has a photo included.

No riders or support personnel will be required to wear a wrist band this year.

Managers, mechanics and other support personnel will be prohibited from carrying out their duty unless a copy of their licence is provided. All managers, coaches, handlers and mechanics require to hold a valid 2025 technical licence.

If you are a rider and a team manager or carry out any other role, please email membership@cnz.kiwi to receive your free technical licence.

Team officials will also be offered a 25% off discount code for their technical licence. Please email membership@cnz.kiwi to retrieve this

Click [here](#) to renew your licence.

9. PROVISIONAL EVENT SCHEDULE/PROGRAMME

The event programme will be available [here](#). Note that the programme is provisional and is subject to change after confirmation of starters.

We are excited to introduce two new Para races into this year's schedule, the Scratch race and Omnium.

Please also note below the changes to the current Para-Cycling track;

- *Introduction of sprint for C classes*
- *Introduction of elimination race for C classes*
- *Removal of omnium*
- *Equal distances for men and women in the kilometer, individual pursuit and scratch events*
- *Team sprint: inclusion of a minimum of 1 female rider per team to ensure more gender-neutral teams*

10. TEAM TRAINING

Clubs can book one or two hour slots of training time for Sunday 23 February. Charges apply and clubs may be asked to share.

Contact Cycling New Zealand on events@cnz.kiwi to book your training time, nothing this is not a guaranteed booking until Cycling Southland confirms. Booking slots will be added and updated through the event website.

11. WARM UP PRIOR TO SESSIONS

Due to time restrictions, there is limited time for 'on track' warm ups (see programme). We recommend you plan to warm up on rollers or trainers in the infield.

12. TEAM MANAGERS MEETING & CONFIRMATION OF STARTERS

Confirmation of starters will be held on Sunday 23 February from 5.00pm – 5.45pm, followed by the Team Managers Meeting at 6.00pm in the Legends Lounge 1 at the SIT Zero Fees Velodrome.

Please note that it may not be possible to add riders to events. Attendance at the Team Managers Meeting by each club is compulsory and representatives will be required to sign in.

All Clubs are required to nominate a Team Manager (can be a rider or non-rider).

Please email events@cnz.kiwi to appoint your Team Manager.

Clubs will be sent a list of riders and their contact details once entries close. Clubs must appoint a Team Manager prior to the event. The Team Manager must attend Confirmation of Starters and the Team Managers meeting, and distribute race numbers, accreditation and any key messages to their riders.

All Club officials/handlers must be registered by completing this form [here](#) in order to receive accreditation into the in-field. Team Officials are limited to 1 x Manager, 1 x Head Coach, 1 x Mechanic, 1 x Development Coach and 1 x Handler per 6 riders **by Sunday 23 February. These cannot change throughout the event!**

All team officials must have a 2025 Cycling New Zealand Licence with the appropriate technical endorsement from their Club.

Confirmation of Starters

Date:	Sunday 23 February
Time:	5.00pm – 5.45pm
Venue:	Legends Lounge 1
Required:	All Team Managers are required to confirm their starters during this time.

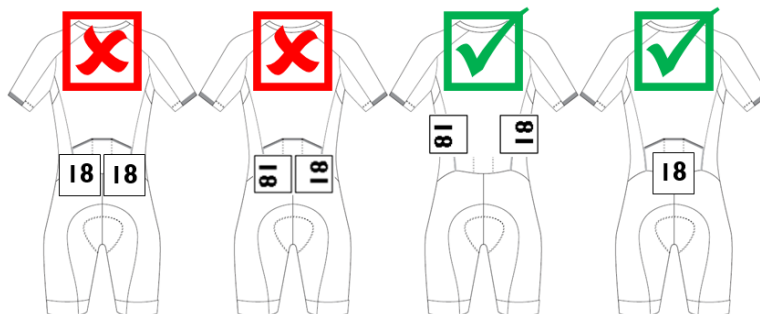
Team Managers Meeting

Date:	Sunday 23 February
Time:	6.00pm – 6.30pm
Venue:	Legends Lounge 1
Required:	All Team Managers are required to attend.

13. RACE NUMBERS

Riders shall wear two body numbers except for the 500m & kilometre time trial, Individual & Team Pursuit & Team Sprint, where one number shall be worn.

Numbers must be placed on either side of the lower back of the top on a 90 degree angle as shown below.



14. WITHDRAWALS

Entries are not transferable. Refunds may be available if a withdrawal is requested in writing prior to entries closing on Sunday 9 February 2025.

If accepted a refund of the entry fee less a \$25 admin fee will be applied.

Withdrawals submitted after entries have closed are not eligible for a refund.

Email: events@cnz.kiwi

Withdrawing during a race – the rider must advise the finish line Commissaire or another Commissaire as soon as possible and return their timing transponder to event HQ.

15. TEAM PIT AREAS

Designated pit areas have been allocated for each club. There will be signs to show where each club will be situated.

Pits will be set up in the morning prior to the first training session, please do not bring your gear into the infield any earlier than your designated training times.

Please ensure the walkways are kept free of equipment to allow un-impeded access at all times. There is to be no riding of bikes in the team pit areas.

16. LIVE STREAMING

The event will be live streamed throughout the week. The link to view this will be available through our Facebook page. Please note that Session 1 on Monday 24th of February will not be live streamed.

17. INFIELD GYM

Please note that the infield gym is closed to all event riders and officials during all event times. No access will be granted at any time.

18. MEDICAL

Medical staff are on duty during each session. They are located at the end of the Velodrome (close to the tunnel).

If you require medical assistance while not at the event over the weekend note the following

Medical Centres on duty:

Southland Hospital

Kew Road, Invercargill

(03) 218 1949

In an Emergency call 111

19. FOOD AND BEVERAGE

Food and beverages will be available for purchase from the Stadium Cafe downstairs. Their opening hours during this event are:

7:30am-7pm on weekdays

8am-4pm on weekends

You are permitted to bring in your own food and beverage to the event. No glass is permitted in the venue.

20. SPECTATORS AND SPECTATOR PROGRAM

Entry is free to attend and be a spectator at this event!

A spectator program is available to view [here](#). This includes event descriptions, the provisional program and competition entry list. Copies of this will also be available to view around the Velodrome at the event.

21. SOCIAL MEDIA

We encourage you to get involved in the event through social media. The key links are provided below:

Event Facebook	https://www.facebook.com/CyclingNZL
Instagram	https://www.instagram.com/cyclingnewzealand/
Twitter	https://twitter.com/CyclingNZL
Website	www.tracktracknationals.nz
Event Hashtag	#TrackNats

22. MEDAL CEREMONY PROTOCOL

Medal Ceremonies will take place during sessions as stated in the event programme.

Team Managers are responsible for ensuring their riders are at the presentation area at least 10mins prior to the presentation taking place. Medal winners must make themselves known to medal ceremony officials upon arrival. Due to the tight scheduling of the event programme a medal ceremony protocol has been established to keep these presentations streamlined.

1. Riders will be lead to the podium by officials and the riders will stand in front of the podium (not on podium).
2. Each rider will be acknowledged by name and representing club.
3. Riders receive their medal (and Trophy if applicable)
4. Rider step onto podium.
5. Once the 1st place has been presented a photo will be taken.
6. Riders leave the podium and return to the waiting area lead by officials.
7. Riders are required to leave their medal on until they return to the waiting area.
8. All trophies presented are to be returned to Event Organisers before the end of the session.

On the 27th of September 2024, a survey was sent out to our 2024 Track Nationals database to get their feedback and view on the current National Jersey presentations on the podium. Based on the feedback and discussions, we will remain with National Jerseys being presented to our winner, a photo taken and then the jersey will be returned. National Jerseys will be available to purchase after the event.

We thank you for your understanding on the presentations of the National Jerseys.

Presentations will take place at the end of each session across the week.

23. HEALTH AND SAFETY

The event has a Health and Safety plan which has taken into consideration the health and safety of the riders, team officials, volunteers, spectators and staff. Health and Safety is the responsibility of all those attending. If you have any concerns or identify any hazards please contact the Events Manager.

24. EVACUATION PLAN

In the event of an emergency, the evacuation plan will lead as follows;

Evacuation Plan

In the event of an emergency please stay calm.

Riders are to exit off the track.

- Walk quickly to your nearest exit.
- Make sure any visitors leave the building with you.
- Do not stop to take personal items with you.
- Keep to the left of the stairs.

- Meet at the assembly area in the carpark adjacent to Stadium reception out the front of the building.

Please listen to the instructions of the event officials in the event of an emergency.

25. ANTI DOPING

The Sport Integrity Committee (formerly called Drug Free Sport New Zealand) may be in attendance at this event. Riders must ensure they have a photo ID available at all times if requested. Therapeutic Use Exemptions (TUE's) must be available ready to be presented to the Doping Control Office.

For more information, head to: <https://sportintegrity.nz/>

26. RULES AND REGULATIONS

Racing will be conducted under [UCI regulations](#) and [Cycling New Zealand Road, Track & Cyclocross racing rules](#). The UCI scale of penalties will apply. Any fines issued will be invoiced to the centre after the event. Riders must wear their approved Club Colours – skinsuit/jerseys and shorts. Shorts may display sponsors that are detailed on the rider's racing licence. Riders may ride in their Centre Colours if they wish, provided they have clearance from their club to do so. After 2024, Centre Kit will no longer be acceptable to race in after two years grace.

A start may be refused for any incorrectly attired rider.

If you have any queries over this matter, please contact: events@cnz.kiwi

27. EQUIPMENT

Bicycles must conform to current [UCI Regulations](#) and [Cycling New Zealand Road & Track Regulations](#). A reminder that category 2 and 3 riders regulations apply as per the UCI website, and this will be checked at bike checks.

Technical Checks will be conducted prior to the start of the Time Trial. Bicycles and equipment may also be checked at any other time, for both the Time Trial and the Road Race. The rider is responsible for ensuring all their equipment is in conformity with the Regulations.

28. SUPPORTERS

Thank you to all our Event Supporters!



Elles Road

29. EVENT MERCH

We have a great range of event merchandise over on our Probrands shop. Check out the awesome range [here](#) to purchase the official 2025 Track National Champs event merchandise.

Our online shop is available to view 24/7



30. CHANGE FORMS

All Changes must be completed on the Change Request Form, as detailed below, and submitted to the Commissaires Secretary. Additional change forms will be available at the Race Office. Where applicable, a medical certificate should accompany the form.

Change Request Form

Team:

Date & Time:

Rider(s) No.	Rider(s) Name	Event Name & No.	Request: Eg. Scratching, addition, reserve, team confirmation etc	Office Use Only

Team:

Date & Time:

Rider(s) No.	Rider(s) Name	Event Name & No.	Request: Eg. Scratching, addition, reserve, team confirmation etc	Office Use Only

Team:

Date & Time:

Rider(s) No.	Rider(s) Name	Event Name & No.	Request: Eg. Scratching, addition, reserve, team confirmation etc	Office Use Only